[THERE IS NO NEED TO CHANGE THE FONT AND FONT SIZE]

**Title (Sentence case)**

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**Abstract**

Executive summary of the manuscript which includes the **specific aims, brief description of method, main results and conclusions** **in a single paragraph. No references should be included in the abstract.** Non-standard or uncommon abbreviations should be avoided but if essential they must be defined at their first mention in the abstract itself.

**Keywords:** Keyword 1, keyword 2, keyword 3, …, keyword 6 (minimum 3 keywords; maximum 6 keywords)

1. **Introduction**

A brief literature review and previous relevant work with references.

Include the objectives of the review at the last paragraph clearly.

1. **Heading**

*2.1 Subheading (Sentence case)*

*2.2 Subheading (Sentence case)*

 *2.2.1 Sub subheading (Sentence case)*

1. **Conclusion -** **NOT MANDATORY.**

**Conflict of interest - Disclose any potential conflict of interest appropriately**

The authors declare no conflict of interest.

**Acknowledgments**

Indicate any source of funding or other contributors to the work in a single paragraph and kept at the minimum

**References**

*Please refer to* ***Food Research Author Guidelines*** *for Examples*

**Tables and Figures – 1 PAGE 1 TABLE/FIGURE. PLACE ALL TABLES AND FIGURES AT THE END OF THE MANUSCRIPT BODY AFTER THE REFERENCES.** **ARRANGE THE TABLES AND FIGURES ACCORDING TO THEIR APPEARANCE IN TEXT.**

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Table 1. Your table caption

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