Ramification of pH in pectinase-assisted extraction on the antioxidant capacity of Arabica spent coffee ground (SCG) extract

¹Shukri, N.A., ¹Mohd Zin, Z., ¹MohdMaidin, N., ²Hasmadi, M. and ^{1,*}Zainol, M.K.

¹Faculty of Fisheries and Food Science, Universiti Malaysia Terengganu, Mengabang Telipot, 21030, Kuala Nerus, Terengganu, Malaysia

²Faculty of Food Science and Nutrition, Universiti Malaysia Sabah, 88400 Kota Kinabalu, Sabah, Malaysia

Article history:

Received: 15 February 2020 Received in revised form: 26 March 2020 Accepted: 1 April 2020 Available Online: 22 April 2020

Keywords:

Spent coffee ground (SCG), Pectinase assisted extraction, Antioxidative activities, Antimicrobial activities

DOI:

https://doi.org/10.26656/fr.2017.4(4).070

Abstract

Spent coffee ground (SCG) is the by-product of coffee processing that is produced up to 45% in coffee beverage and instant coffee processing and is believed to contain high amounts of antioxidants. Despite the fact that SCG has exerted many advantages, the information on obtaining the antioxidant values using enzymes are still scarce. The objective of the study was therefore to determine the total phenolic and flavonoid content of antioxidant activity and antimicrobial activity in Arabica SCG extracted using pectinase at different pH values. Arabica SCG was extracted using pectinase at pH 3, pH 4, pH 5, pH 6 and pH 7 and analyzed for its anti-microbial activity and antioxidant properties (DPPH, FRAP, total phenolic and total flavonoid content along with individual flavonoids using HPLC). Arabica SCG was extracted using pectinase at pH 3, pH 4, pH 5, pH 6 and pH 7 and analyzed for its antimicrobial activity and antioxidant properties (DPPH, FRAP, total phenolic and total flavonoid content along with individual flavonoids using HPLC). The result showed that the antioxidant capacity of the SCG extract at pH 4 exhibited higher DPPH and FRAP values. The total phenolic and flavonoid content exhibited in (1.38±4.42, mg GAE/g sample and 22.57±0.27 mg QE/g of dry sample). Flavonoids namely quercetin, kaempferol, rutin, gallic acid, catechin, epigallocatechin gallate, pcoumaric acid and myricetin were present in all samples at various levels. The SCG in pH 7 extract showed the highest concentrations of the individual flavonoid compound in the sample and the highest inhibition zone on Pseudomonas aeruginosa and Staphylococcus aureus. Thus, the optimum pH of the pectinase which is pH 4-5 had provided the highest yield in antioxidant capacity and activity of the Arabica SCG extract with this extraction method that can be used for food preservation as well as in the nutraceutical industry.

1. Introduction

Coffee is a brewed drink that was introduced in New York City in the mid-1600s and is one of the most widely consumed drinks made from roasted coffee beans around the world (Zhou and Hyppönen, 2019). The high and growing demand for coffee has led to large quantities of by-products such as silver-skin coffee, spent ground coffee (SCG), coffee husk and coffee-cut stem to the environment. SCG is the by-product or residue in the process of coffee powder treated with steam or hot water in the preparation of instant coffee. SCG is obtained from coffee processing where 45% of this by-product is generated in coffee beverage and instant coffee manufacturing (Cruz *et al.*, 2014).

Coffee by-products such as SCG still contain a

considerable amount of antioxidants and phenolic compounds such as rutin, catechin, quercetin, and others. The major polyphenol in coffee is known as chlorogenic acid (Wungrath et al., 2016). The antioxidant content and nutrient composition of the coffee and by-products vary depending on the processing, preparation and storage (Soares et al., 2015). A considerable amount of antioxidants remains in SCG after brewing and more attention has to pay in recycling the SCG for healthier development (Choi and Koh, 2017). The antioxidant plays roles to neutralize excess free radicals for preventing cells against free radical damage and contributing to the prevention of disease (Lobo et al., 2010). Yet, the antioxidant can be extracted in many other different techniques and one of them is enzymeassisted extraction using pectinase, cellulase and others

FULL PAPER

(Jooste et al., 2013).

Enzyme-assisted extraction seems to be a potential alternative to traditional solvent extraction methods and is gaining greater attention because it is an effective, sustainable and environmentally friendly extraction technology (Puri et al., 2012; Nadar et al., 2018). This method is typically used in leather making, skincare products, degumming of soybeans oil, juice processing and beer clarification (Puri et al., 2012). The role of the enzyme in the extraction is to destroy the cell wall matrix of the sample and especially to clarify the cloudy food product. The common enzyme that is used in this assisted extraction is pectinase, cellulase and hemicellulose (Jooste et al., 2013). Pectinases were known to be stable at pH 2.5-8.0 and active at a temperature below 50°C (Acufia-Argfielles et al., 1995). The pH can affect the efficiency of extraction and the greatest yield extraction is always at the optimum pH value (Maimulyanti and Prihadi, 2014). Thus, pectinase contributes a lot in the food industry where it acts as juice clarifier, colour and yield improver in fruit mash treatment and used in degumming fibre crops (Singh et al., 2019).

The residues from the coffee industry are graded as highly pollutant due to the presence of organic material, specifically tannins, caffeine and polyphenols (Chanakya and Alwis, 2004). The major challenges of conventional extraction are time consuming and use a large amount of solvent (Ajila *et al.*, 2011). Therefore, the purpose of this study was to determine the antioxidant activities and to measure the total phenolic and total flavonoid content along with the evaluation of antimicrobial activity in Arabica SCG extracted using pectinase at different pH values.

2. Materials and methods

Local Arabica (*Coffea arabica* L.) coffee was purchased from Kilang Kopi Fama, Banting (Selangor, Malaysia). The preparation of SCG was conducted using a French press coffee maker. The roasted coffee beans freshly were grounded using a coffee grinder for 90 s to a course-size ground. Hot water (98°C) of 500 mL was added to 40 g of coffee ground in the French coffee press before slowly pushed down the plunger after brewing for 2 mins. The coffee was poured out and the spent coffee ground (SCG) was collected to be dried out on the tray in the cabinet dryer for 24 hrs at 60°C. The collected dried SCGs were placed in ambient and dark containers in an airtight container prior to the extraction process.

2.1 Pectinase-assisted extraction

Arabica SCG of 8 g was added to a solution

containing 0.8 mL of 0.2 M commercial pectinase in the liquid form and 120 mL of 200mM sodium acetate buffer in every pH 3, 4, 5, 6 and 7. The mixture was shaken gently in a water bath shaker at 37°C for 1 hr. The solution is then immediately placed in a water bath at 90°C for 5 min to stop enzymatic hydrolysis. Then, the solution was filtered using Whatman paper (no. 4) by vacuum pump to obtain the liquid. The liquid was concentrated in a rotary evaporator (Buchi Rotavapor R-200, New Hampshire, USA) at 60°C. The extract obtained was then kept in amber bottles and store in the chiller prior to further analysis (Zohdi and Amid, 2013).

2.2 Total phenolic content

The total phenolic compounds in SCG extracts was determined using Folin-Ciocalteu reagent according to the colourimetric method described by Ng *et al.* (2019). An aliquot (1 mL) of every sample was diluted into 50 mL of stock solution. From the stock solution, 1 mL was added to 17.9 mL of distilled water in and 0.5 mL of Folin-Ciocalteu reagent and left to stand for 1 min. Then, 1.5 mL of 20% sodium carbonate was added to the mixture. The sample prepared was then left at room temperature for 2 hrs in dark. The absorbance values were taken at 765 nm, resulting in mg GAE per gram of sample extract (mg GAE/g) expressed as gallic acid equivalent.

2.3 Total flavonoid content

The content of flavonoids in the extracts was determined using Hau *et al.* (2018) with slight modifications. Sample of 50 mg were mixed with 1.5 mL methanol, 0.1 mL 10% aluminium chloride, 0.1 mL 1 M potassium acetate and 2.8 mL distilled water. The mixture was then incubated at room temperature for 30 mins. The absorbance of the reaction mixture taken at 415 nm. The result was expressed as mg of quercetin equivalent (QE) per gram of sample extract (mg QE/g).

2.4 Determination of antioxidative properties

2.4.1 Antioxidant activity based on 2,2-diphenyl-2picrylhydrazyl (DPPH) radical scavenging assay

The capacity of trapping of free radical DPPH was evaluated according to the method described by Malik *et al.* (2017) with slight modification. DPPH solution at the concentration of 6.1×10^{-5} M was prepared in ethanol. Diluted extract of 75 µL was mixed with 3 mL of the DPPH solution. After 1 hr, the absorbance was recorded at 515 nm using methanol with DPPH as negative control while quercetin as a positive control. All operations or conducted in dark or dim light. The inhibition percentage (IP) of the DPPH by the extract was calculated according to this formula:

IP (%) = [(A0 min - A60 min) / A0 min] x 100

Where A0 min is the absorbance of the blank at t = 0 min, and A60 min is the absorbance of samples at 60 mins. The result expressed as µmol Trolox equivalent (TE) per gram of sample on a dry basis, through a dose-response curve for Trolox (0-350 µM).

2.4.2 Ferric reducing antioxidant power (FRAP) analysis

The total antioxidant potential of a sample was determined using the ferric reducing ability of plasma FRAP assay by Chong *et al.* (2018) as a measure of antioxidant power. A potential antioxidant will reduce the ferric ion (Fe³⁺) to the ferrous ion (Fe²⁺); the latter forms a blue complex (Fe²⁺/TPTZ), which increases the absorption at 593 nm. Briefly, the FRAP reagent was prepared by mixing acetate buffer (300 mM, pH 3.6), a solution of 10 mM TPTZ in 40 mM HCl, and 20 mM FeCl₃ at 10:1:1 (v/v/v). Three millilitres of the FRAP reagent was added to each test tube containing 0.1 mL diluted sample and mixed thoroughly. The absorbance value of the reacted mixture was observed at 593 nm after 0 min. The results were expressed as µmol trolox equivalent/g dried weight.

2.5 Antimicrobial activity

The well-diffusion method was used to determine the antimicrobial activity of SCG extract extracted with different pH. The SCG extract was tested on Muller-Hilton Agar (MHA) that has been swab with *Bacillus subtilis, Staphylococcus aureus, Escherichia coli and Pseudomonas aeruginosa.* The well was prepared by punching the agar with a sterile micropipette tip (6 mm). Fifty microliters of the diluted extract at the concentration of 300mg/mL was introduced into the well and let it diffuse at room temperature. Gentamicin antibiotics were used as a negative control. The plates were incubated at 37°C for 24 hrs and the diameter of the inhibition zone was measured in centimetres (cm) (Duangjai *et al.*, 2016).

2.6 Determination of individual flavonoids

The flavonoid standards that were used in HPLC determination were flavonol (quercetin, myricetin, kaempferol), catechin, flavones (apigenin, luteolin) and flavanone (naringin). Firstly, 5 mg of the samples were refluxed in 6 M HCl at 90°C for 2 hrs with 60% (v/v) aqueous methanol (Mohd Zainol *et al.*, 2009). HPLC analyses were performed using an Analytical High - Performance Liquid Chromatography (HPLC) (Shimadzu, Japan) with 4 solvent delivery system quaternary pump (LPG 3400 SD) equipped with a diode

array detector (DAD 3000) with 5 cm flow cell, a manual sample injection valve equipped with a 20 µl loop and Chromeleon 6.8 system manager as data processor. The separation was achieved by a reversedphase Acclaim TM 120 C₁₈ column (5 µm particle size, i.d. 4.6 x 250 mm). The stock solution of concentration 40 ppm was prepared by dissolving phenolic acid and flavonoids in 0.5mL HPLC-grade methanol (60%) followed by sonication for 10 min and the resulting volume was made up to one millimetre with the solvent for the mobile phase (acetonitrile and 1% aqueous acetic acid 1:9). The standard and working solutions were filtered through a 0.45 µm PVDR-syringe filter and the mobile phase was degassed before the injection of the solutions. The injection process in flow rate was adjusted to 0.7 mL/min with the column was thermostatically controlled at 28°C and the injection volume was kept at 20 µL Total running time was 31 mins and preequilibrium time was allowed at 5 mins. HPLC chromatograms were detected using a photodiode array UV detector at three different wavelengths (272, 280 and 310 nm) according to the absorption maxima of analysed compounds. Each compound was identified by its retention time and by spiking with standards under the same conditions (Seal, 2016; Shin et al., 2019).

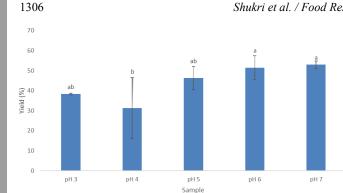
2.7 Statistical analysis

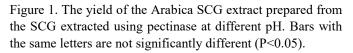
The statistical comparison was performed with oneway analysis (ANOVA) using Fisher's Least Significant Difference (LSD) test and values of p < 0.05 were considered significant. The statistical software used to analyze the data is Minitab 19.

3. Results and discussion

3.1 Extraction yield

Figure 1 shows that sample extract at pH 7 and pH 6 have a higher yield which is 52.96±1.88% and 51.48±5.99%, respectively. The yield of Arabica SCG extracts at pH 3 and pH 4 decreases due to the unfolding and decomposition of the enzyme structure in low acidic medium (Zohdi and Amid, 2013). The enzymes contain ionic groups where the active site is in a stable form. Therefore, the variation of a medium such as pH can change its ionic form that affects the reaction rate and the enzyme activity. Enzyme activity decreased at lower buffer pH when homogenizing with the sample which affects less enzyme solubilization in crude extract (Chen et al., 2006). In addition, the results obtained by Bravo et al. (2013) showed a similar trend to the study in which the yield of SCG extract increased as the pH increased. In pectin hydrolysis, pectinases group which consists of polygalacturonases and pectin lyase playing a relevant role in the hydrolysis.





3.2 Total phenolic content

Table 1 showed that SCG extracted using pectinaseassisted at pH 3, pH 4 and pH 5 had higher TPC value than that of pH 6 and pH 7. Since phenolic compounds were less vulnerable to oxidation at lower pH due to proton-protected hydroxyl groups, total phenolic compounds should be increased from pH 6 to pH 3 (Nayik and Nanda, 2016). The findings contrasted with the prediction that the enzymatic synthesis of polyphenolic compounds may result from the hydrolytic removal of polysaccharides from the plant cell wall, which retains phenolic compounds in the polysaccharide and lignin chains (Heemann et al., 2019). However, higher phenolic content in extracts could be associated with increased disruption and maceration due to enzymatic pre-treatment, which contributes to the release of bound phenolic (Mushtaq et al., 2015).

3.3 Total flavonoid content

Table 1 also showed that the total flavonoid content (TPC) of SCG extracted using pectinase-assisted pH 5 had significantly (p<0.05) the highest TPC (22.75 ± 0.27 mg QE / g). This data corresponds with the study made on saffron honey that showed the value of TFC was higher at pH 4.5 mg QE/ 100 g and dropped at pH 6 to 9.46 mg QE/100 g (Nayik and Nanda, 2016). Then, the

3.4 Antioxidant activities

3.4.1 DPPH radical scavenging assay

SCG samples extracted using pectinase-assisted technique at pH 4 showed the strongest inhibition of 2.2diphenyl-2-picrylydrazyl (DPPH) radicals, which was significantly higher than other samples (Table 1). The finding is in concert with the study by Zhu et al. (1997) who stated that green tea catechin is very stable at pH < 4 for 18 hrs while unstable at pH > 8 which degraded completely in a few minutes. They also stated that the green tea catechin at pH 6.5 to 7.5 was less stable compared to the acidic medium. Low pH is the main aspect of extraction efficiency as the flavanol is stable below pH 5. The structural alteration of the flavonoid decreases with the decreasing pH that leads to the opening of structures that are normally inaccessible (Zimmermann and Gleichenhagen, 2011). MEBP powder samples encapsulated with 8% GA exhibited the best radical scavenging activity among all those which, due to the good condition or non-clotting state of the microencapsulated powder, were able to fully demonstrate its antioxidant capacity.

3.4.2 Ferric reducing antioxidant power (FRAP)

Table 1 also illustrates that all pectinase extract with different pH values had a higher value than the negative control (distilled water). Moreover, extraction at pH 3, pH 4, pH 5 and pH 6 showed higher inhibition compared to pH 7. Owusu-Apenten (2015) postulated that at pH higher than 7.0) or lower than 3, would decreased the rate of reduction of Fe (III) resulting in an incomplete response At high pH values, the ascorbic acid or high antioxidant sample act to iron (III)-OH formation and

Table 1. Total phenolic content (TPC), total flavonoid content (TFC), FRAP assay and DPPH inhibition of the SCG extracted using pectinase at different pH

Samples	TPC (mg GAE/g sample)	TFC of dried plant material (mg QE/g)	DPPH radical inhibition (%)	Ferric reducing antioxidant power (FRAP) assay
рН 3	61.38±5.06 ^a	15.10±3.11 ^c	40.56±2.21 ^d	$0.04{\pm}0.001^{ab}$
pH 4	42.75 ± 1.26^{b}	18.62±1.11 ^{bc}	$55.37{\pm}1.36^{b}$	$0.05{\pm}0.001^{a}$
рН 5	54.13±5.22 ^a	$22.76{\pm}5.22^{a}$	$34.84{\pm}2.42^{d}$	$0.05{\pm}0.001^{a}$
рН 6	32.38±2.04°	$19.53{\pm}1.14^{ab}$	45.06±3.31°	$0.04{\pm}0.001^{ab}$
pH 7	37.54 ± 2.68^{b}	21.60±2.23 ^{ab}	34.76±2.57 ^e	$0.03{\pm}0.001^{b}$
blank	-		$9.78{\pm}0.57^{\rm f}$	$0.01{\pm}0.001^{\circ}$
Trolox	-		68.74 ± 3.17^{a}	-

Values represent the mean \pm standard deviation. Values with the same superscript letters within the same column are not significantly different (P<0.05).

FULL PAPER

decreasing the rate of reduction for the Fe (III) hydroxyl complex while at lower pH value, the protonation of ferrozine occurred as the reduction of Fe (III) decreasing with pH (Jaselskis and Nelapaty, 1972). Most researchers used pH 4 and pH 5 with 50°C and 40°C as the optimal pH and temperature in preparation for enzyme - assisted extraction (Nguyen *et al.*, 2014; Wang *et al.*, 2017; Ghandahari Yazdi *et al.*, 2019). The antioxidant capacity obtained is highly dependent on the concentration of phenolic compounds of the samples, the type of enzymes and type of extraction, respectively.

3.5 Antimicrobial activities

There was no significant difference in the growth of the inhibition zone for *B. subtilis*, yet *S. aureus* and *P. aeruginosa* showed somewhat significant difference between the samples especially at pH 7 (Table 2). Table 2 also tabulates that Arabica SCG extract at pH 7 has the most significant inhibition effect than gentamicin (antibiotic) on *S. aureus* and *P. aeruginosa* which are 2.17 ± 0.15 cm and 2.77 ± 1.10 cm while the antibiotics only 1.23 ± 0.25 cm and 1.9 ± 0.0 cm, respectively.

S. aureus, a gram-positive and P. aeruginosa, a gram -negative bacteria were more susceptible to the SCG extract especially at pH 7 where a bigger region of inhibition zone on the agar. The alteration of pH can affect the growth of bacteria where most of the optimum pH of most bacteria is at pH 7. Meanwhile, E. coli shows not susceptible to every sample except for gentamicin might because these bacteria have a structure of the bacterial envelope or this concentration of the extract is not strong enough to against the bacteria. This is in accordance with the study by Klangpetch (2017) that E. coli showed an inhibition zone only when the SCG extracted with 60% and 100% of ethanol. The caffeine concentration of more than 1% is excellent in lowering or inhibiting the growth of E. coli, below that there is no effect on bacterial growth (Ramanaviciene et al., 2003). Radha Krishnan et al. (2014) stated that the antimicrobial activity related to the antioxidant activity

like phenolic compounds in plant sources could inhibit the pathogenic bacteria. This compound can break down the cell wall of bacteria, disrupt the cytoplasmic membrane, and disturb protein translocation and others (Shan *et al.*, 2007).

3.6 Determination of individual flavonoid using highperformance liquid chromatography (HPLC)

Figure 2 shows the standard flavonoid HPLC chromatogram identified by its retention time and by spiking under the same conditions with standards. Figure 3 shows that every peak on the chromatogram indicates the presence of individual flavonoids present during specific retention time. This can be detected if more time and flavonoid standard is allowed to run the sample (Gandhiraja et al., 2009). Table 3 shows that most of the flavonoids identified in the study are the same as the rutin, myricetin, kaempferol, gallic acid, catechin, gallate epigallocatechin, quercetin and p-coumaric acid used. The epigallocatechin gallate exhibited the highest concentration in every sample ranging from 1638±406 to 5293±6805 mg/100g while the lowest flavonoid concentration in every sample is gallic acid that ranging from 91.22±2.21 to 760.8±98.8 mg/100 g.

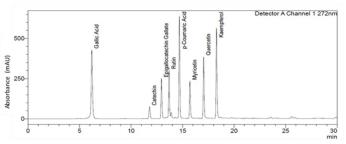


Figure 2. HPLC Chromatogram of flavonoids of the standard mixture

The results also showed that SCG extract in pH 7 had the highest concentration of total individual flavonoid while pH 4 shows the lowest concentration of total individual flavonoid between samples. The data obtained had supported the result from the antimicrobial activity where large inhibition occurs at SCG in pH 7

Table 2. Inhibition effect of Arabica SCG extracted using pectinase at different pH against pathogenic bacteria in antimicrobial activity

Samula	Inhibition Zone (cm)						
Sample	B. subtilis	S. aureus	P. aeruginosa	E. coli			
рН 3	$1.08{\pm}0.07^{b}$	$1.93{\pm}0.10^{b}$	1.87 ± 0.23^{b}				
pH 4	$0.7{\pm}0.6^{\mathrm{b}}$	1.55±0.06 ^c 1.67±0.21 ^b					
рН 5	$1.07{\pm}0.05^{b}$	1.63±0.09°	$2.00{\pm}~0.1^{ab}$	No inhibition zone			
pH 6	1.07 ± 0.15^{b}	$2.05{\pm}0.05^{ab}$	$2.23{\pm}0.21^{ab}$	Zone			
pH 7	$1.1{\pm}0.1^{b}$	$2.17{\pm}0.15^{a}$	$2.77{\pm}1.10^{a}$				
Gentamicin	2.23±0.25 ^a	$1.23{\pm}0.25^{d}$	$1.9{\pm}~0.00^{\mathrm{b}}$	$2.00 \pm 0.02a$			

Values represent the mean \pm standard deviation. Values with the same superscript letters within the same column are not significantly different (P<0.05). Gentamicin was used as the standard antibiotic for comparison.

L PAPER

Table 3. The concentration of individual flavonoid in Arabica SCG extracted using pectinase at different pH identified by the HPLC system

Б1 1	The concentration of the individual flavonoid in every sample (mg/100 g)						
Flavonoid compound	рН 3	pH 4	pH 5	pH 6	pH 7		
Catechin	$641.07{\pm}44.52^{a}$	$1151.87{\pm}88.76^{ab}$	1874.67±153.53 ^{ab}	$2044.98{\pm}227.54^{a}$	5112.76±66.43 ^a		
Epigallocatechin Gallate	$5293.67{\pm}68.05^{a}$	1911.32±112.21 ^a	$1638.56{\pm}40.56^{ab}$	$1776.54{\pm}171.92^{a}$	1936.72±78.54 ^b		
Gallic Acid	120.16±11.54 ^a	91.22±2.21°	$182.7{\pm}12.41^{ab}$	104.4±9.81 ^a	$760.84 \pm 98.83^{\circ}$		
Kaempferol	$585.98{\pm}19.28^{a}$	1092.95±25.55 ^{abc}	1611.40±464.34 ^{ab}	$1800.43{\pm}24.67^{a}$	$570.88{\pm}24.05^{\circ}$		
Myricetin	$897.09 {\pm} 24.93^{a}$	$1696.77 {\pm} 47.78^{a}$	$923.36{\pm}84.9^{ab}$	$790.48{\pm}43.19^{a}$	1552.54±30.84 ^b		
p-Coumaric acid	299.31±5.42 ^a	$502.33{\pm}47.43^{bc}$	$262.61{\pm}76.62^{ab}$	535.22±31.64ª	671.63±33.54°		
Quercetin	$975.67{\pm}83.70^{a}$	501.08 ± 70.73^{bc}	$1480.89{\pm}128.19^{ab}$	$407.52{\pm}37.29^{a}$	558.62±14.28°		
Rutin	$1555.68{\pm}49.69^{a}$	1659.26±32.41ª	2310.75 ± 576.54^{a}	$1864.57{\pm}121.06^{a}$	948.22±19.52°		

Values represent the mean \pm standard deviation. Values with the same superscript letters within the same row are not significantly different (P<0.05).

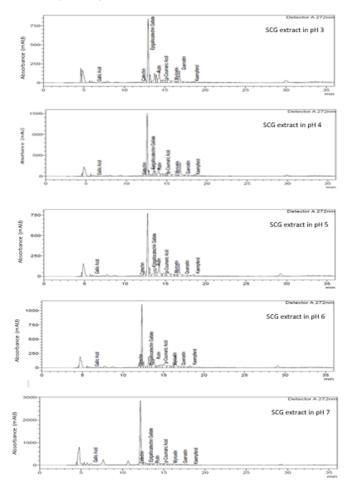


Figure 3. HPLC chromatogram of the SCG extracted using pectinase-assisted extraction at pH 3, pH 4, pH 5, pH 6, pH 7. because containing a high amount of individual flavonoid. Flavonoids such as quercetin and catechin may be the compounds responsible for antiviral, antiallergic, antitumor, antibacterial, anti-fungal, and antithrombotic activity expressing anti-infective and anti-replicative characteristics against the herpes virus, parainfluenza virus as well as inhibiting the growth of *P. aeruginosa* and *S. aureus* (Middleton, 1996; Kaurinovic and Vastag, 2019). The amount of gallic acid (Table 3) found in this study was in line with Ghandahari Yazdi *et al.* (2019) who reported gallic acid found in pistachio

green hull using pectinase and cellulase assisted extraction is lower than 5.70 ± 0.02 and 4.69 ± 0.01 mg/g dry extract powder respectively as the pectinolytic and cellulolytic enzyme treatment had affected the phenolic composition and antioxidant activity of the food product.

4. Conclusion

The extraction of Arabica SCG using pectinase at different pH had a significant effect on antioxidant and antimicrobial properties. Low pH showed better antioxidant properties, while higher pH showed better antimicrobial properties. The SCG sample extracted at pH 4 showed the best antioxidant properties in DPPH and FRAP. Extraction at pH 7 clearly showed better antimicrobial activity with the largest inhibition zone for P. aerunogisa and S. aureus. The HPLC analysis showed presence of flavonoids, namely quercetin, the kaempferol, rutin, gallic acid, catechin, epigallocatechin gallate, p-coumaric acid and myricetin, in all samples with different concentrations. The study showed that the optimum pH for the extraction of Arabica SCG was at pH 4 to 5 which provided the highest yield in antioxidant capacity and activity that could be used for food preservation as well as in the pharmaceutical industry.

Conflict of Interest

The authors declare no conflict of interest.

Acknowledgments

This research was supported by Universiti Malaysia Terengganu. The authors would like to thank the central lab of UMT and the Faculty of Fisheries and Food Science (FPSM) for the facilities provided to conduct the study.

References

Acufia-Argfielles, M.E., Guti6rrez-Rojas. M., Viniegra-

Gonzfilez, G. and Favela-Torres E. (1995). Production and properties of three pectinolytic activities produced by *Aspergillus niger* in submerged and solid-state fermentation. *Applied Microbiology and Biotechnology*, 43(5), 808-814. https://doi.org/10.1007/BF02431912.

- Ajila, C.M., Brar, S.K., Verma, M., Tyagi, R.D., Godbout, S. and Valéro, J.R. (2011). Extraction and analysis of polyphenols: Recent trends. *Critical Reviews in Biotechnology*, 31(3), 227-249. https:// doi.org/10.3109/07388551.2010.513677.
- Bravo, J., Monente, C., Juániz, I., De Peña, M.P. and Cid, C. (2013). Influence of extraction process on antioxidant capacity of spent coffee. *Food Research International*, 50(2), 610-616. https:// doi.org/10.1016/j.foodres.2011.04.026.
- Chanakya, H.N. and Alwis, A.A.P.D.E. (2004). Environmental issues and management in primary coffee processing. *Process Safety and Environmental Protection*, 82(4), 291-300. https:// doi.org/10.1205/095758204323162319.
- Chen, Y.L., Su, C.K. and Chiang, B.H. (2006). Optimization of reversed micellar extraction of chitosanases produced by *Bacillus cereus*. *Process Biochemistry*, 41(4), 752-758. https:// doi.org/10.1016/j.procbio.2005.09.018.
- Choi, B. and Koh, E. (2017). Spent coffee as a rich source of antioxidative compounds. *Food Science* and Biotechnology, 26(4), 921-927. https:// doi.org/10.1007/s10068-017-0144-9.
- Chong, K.H., Majid, N.I., Zainol, M.K., Mohamad, H. and Mohd Zin, Z. (2018). Preliminary phytochemical screening and effect of hot water extraction conditions on phenolic contents and antioxidant capacities of *Morinda citrifolia* leaf. *Malaysian Applied Biology Journal*, 47(4), 13-24.
- Cruz, M.V, Paiva, A., Lisboa, P., Freitas, F., Simões, P., Barreiros, S. and Reis, M.A.M. (2014). Production of polyhydroxyalkanoates from spent coffee grounds oil obtained by supercritical fluid extraction technology. *Bioresource Technology*, 157, 360-363. https://doi.org/10.1016/j.biortech.2014.02.013.
- Duangjai, A., Suphrom, N., Wungrath, J., Ontawong, A., Nuengchamnong, N. and Yosboonruang, A. (2016).
 Comparison of antioxidant, antimicrobial activities and chemical profiles of three coffee (*Coffea arabica* L.) pulp aqueous extracts. *Integrative Medicine Research*, 5(4), 324-331. https://doi.org/10.1016/ j.imr.2016.09.001.
- Gandhiraja, N., Sriram, S., Meenaa, V., Srilakshmi, J.K., Sasikumar, C. and Rajeswari, R. (2009). Phytochemical screening and antimicrobial activity

of the plant extracts of *Mimosa pudica* L. against selected microbes. *Ethnobotanical Leaflets*, 13(5), 618-24.

- Ghandahari Yazdi, A.P., Barzegar, M., Sahari, M.A. and Ahmadi Gavlighi, H. (2019). Optimization of the enzyme-assisted aqueous extraction of phenolic compounds from pistachio green hull. *Food Science and Nutrition*, 7(1), 356-366. https://doi.org/10.1002/ fsn3.900.
- Hau, E.H., Mohd Zin, Z., Zuraidah, N., Shaharudin, N.A. and Zainol, M.K. (2018). Physicochemical properties of powdered protein hydrolysate Yellowstripe scald (*Selaroides leptolepis*) fish. *International Food Research Journal*, 25(6), 2553-2559.
- Haile, M. and Kang, W. (2019). Antioxidant activity, total polyphenol, flavonoid and tannin contents of fermented green coffee beans with selected yeasts. *Fermentation*, 5(1), 29. https://doi.org/10.3390/ fermentation5010029.
- Heemann, A.C.W., Heemann, R., Kalegari, P., Spier, M.R. and Santin, E. (2019). Enzyme-assisted extraction of polyphenols from green yerba mate. *Brazilian Journal of Food Technology*, 22, 1-10. https://doi.org/10.1590/1981-6723.22217.
- Jaselskis, B. and Nelapaty, J. (1972). Spectrophotometric determination of micro amounts of ascorbic acid in citrus fruits. *Analytical Chemistry*, 44(2), 379-381. https://doi.org/10.1021/ac60310a001.
- Jooste, T., García-Aparicio, M.P., Brienzo, M., Van Zyl, W.H. and Görgens, J.F. (2013). Enzymatic hydrolysis of spent coffee ground. *Applied Biochemistry and Biotechnology*, 169(8), 2248-2262. https://doi.org/10.1007/s12010-013-0134-1.
- Kaurinovic, B. and Vastag, D. (2019). Flavonoids and phenolic acids as potential natural antioxidants. In Shalaby, E. (Ed.) Antioxidants, p. 1-20. IntechOpen E-Books. https://dx.doi.org/10.5772/ intechopen.83731.
- Klangpetch, W. (2017). Evaluation of antioxidant, antipathogenic and probiotic growth stimulatory activities of spent coffee ground polyphenol extracts, *International Food Research Journal*, 24(5), 2246-2252.
- Lobo, V., Patil, A., Phatak, A. and Chandra, N. (2010).
 Free radicals, antioxidants and functional foods: Impact on human health. *Pharmacognosy Reviews*, 4 (8), 118-26. https://doi.org/10.4103/0973-7847.70902.
- Malik, N.H., Zin, Z.M., Razak, S.B.A., Ibrahim, K. and Zainol, M.K. (2017). Antioxidative activities and flavonoids contents in leaves of selected mangrove species in Setiu wetlands extracted using different

solvents. Journal of Sustainability Science and Management, 3, 14-22.

- Maimulyanti, A. and Prihadi, A.R. (2014). Effect of pH on extraction efficiency and distribution in nickel ion separation using solvent extraction. *Proceeding of The ASEAN Conference on Science and Technology*, 1-5.
- Middleton, E. (1996). Biological properties of plant flavonoids: An overview. *International Journal of Pharmacognosy*, 34(5), 344-348. https:// doi.org/10.1076/phbi.34.5.344.13245
- Mohd Zainol, M.K.M., Abdul-Hamid, A., Bakar, F.A. and Dek, S.P. (2009). Effect of different drying methods on the degradation of selected flavonoids in *Centella asiatica*. *International Food Research Journal*, 16(4), 531-537.
- Mushtaq, M., Sultana, B., Anwar, F., Adnan, A. and Rizvi, S.S.H. (2015). Enzyme-assisted supercritical fluid extraction of phenolic antioxidants from pomegranate peel. *The Journal of Supercritical Fluids*, 104, 122-131. https://doi.org/10.1016/ j.supflu.2015.05.020.
- Nayik, G.A. and Nanda, V. (2016). Effect of thermal treatment and pH on antioxidant activity of saffron honey using response surface methodology. *Journal of Food Measurement and Characterization*, 10(1), 64-70. https://doi.org/10.1007/s11694-015-9277-9.
- Nadar, S.S., Rao, P. and Rathod, V.K. (2018). Enzyme assisted extraction of biomolecules as an approach to novel extraction technology: A review. *Food Research International*, 108, 309-330. https:// doi.org/10.1016/j.foodres.2018.03.006.
- Ng, K.S., Mohd Zin, Z., Mohd Maidin, N., Abdullah, M.A.A. and Zainol, M.K. (2019). Effect of drying temperatures on antioxidant properties of Napier grass (*Pennisetum purpureum*). Asian Journal Agriculture and Biology, 7(1), 39-48.
- Nguyen, T.N.T., Phan, L.H.N. and Le, V.V.M. (2014). Enzyme-assisted and ultrasound-assisted extraction of phenolics from mulberry (*Morus alba*) fruit: Comparison of kinetic parameters and antioxidant level. *International Food Research Journal*, 21(5), 1937-1940.
- Owusu-Apenten, R.K. (2015). A FRAP assay at pH 7 unveils extra antioxidant activity from green, black, white and rooibos tea but not apple tea. *Food and Nutrition Report*, 1(1), 16-23.
- Puri, M., Sharma, D. and Barrow, C.J. (2012). Enzymeassisted extraction of bioactives from plants. *Trends in Biotechnology*, 30(1), 37-44. https:// doi.org/10.1016/j.tibtech.2011.06.014.

Radha Krishnan, K., Babuskin, S., Azhagu Saravana

Babu, P., Sasikala, M., Sabina, K., Archana, G. and Sukumar, M. (2014). Antimicrobial and antioxidant effects of spice extracts on the shelf life extension of raw chicken meat. *International Journal of Food Microbiology*, 171, 32-40. https://doi.org/ 10.1016/ j.ijfoodmicro.2013.11.011.

- Ramanaviciene, A., Mostovojus, V., Bachmotova, I. and Ramanavicius, A. (2003). Anti-bacterial effect of caffeine on *Escherichia coli* and *Pseudomonas fluorescens*. Acta Medica Lituanica, 10(4), 185-188.
- Seal, T. (2016). HPLC determination of phenolic acids, flavonoids and ascorbic acid in four different solvent extracts of Zanthoxylum acanthopodium, a wild edible plant of Meghalaya state of India. International Journal of Pharmacy and Pharmaceutical Sciences, 8(3), 103-109.
- Shan, B., Cai, Y.Z., Brooks, J.D. and Corke, H. (2007). The in vitro antibacterial activity of dietary spice and medicinal herb extracts. *International Journal of Food Microbiology*, 117(1), 112-119. https:// doi.org/10.1016/j.ijfoodmicro.2007.03.003.
- Shin, N.G.K., Mohd Zin, Z., Maidin, N.M., Abdullah, M.A.A. and Zainol, M.K. (2019). Effect of drying temperatures on antioxidant properties of Napier grass (*Pennisetum purpureum*). Asian Journal of Agriculture and Biology, 7(1), 39-48.
- Singh, R.S., Singh, T. and Pandey, A. (2019). Microbial Enzymes-An Overview. In Singh, R.S., Singhania, R.R., Pandey, A. and Larroche, C. (Eds.) Advances in Enzyme Technology, p. 1-40. USA: Elsevier. https://doi.org/10.1016/B978-0-444-64114-4.00001-7.
- Soares, C.M.D., Alves, R.C. and Oliveira, M.B.P.P. (2015). Acrylamide in coffee: influence of processing. In Preedy, V. (Ed.). Processing and Impact on Active Components in Food, p. 575-582. USA: Academic Press. https://doi.org/10.1016/B978 -0-12-404699-3.00069-X.
- Wang, L., Wu, Y., Liu, Y. and Wu, Z. (2017). Complex enzyme-assisted extraction releases antioxidative phenolic compositions from guava leaves. *Molecules*, 22(10), 1-15. https://doi.org/ 10.3390/ molecules22101648.
- Wungrath, J., Duangjai, A., Ontawong, A., Nuengchamnong, N., Yosboonruang, A. and Suphrom, N. (2016). Comparison of antioxidant, antimicrobial activities and chemical profiles of three coffee (*Coffea arabica* L.) pulp aqueous extracts. *Integrative Medicine Research*, 5(4), 324-331. https://doi.org/ 10.1016/j.imr.2016.09.001.
- Zhou, A. and Hyppönen, E. (2019). Long-term coffee consumption, caffeine metabolism genetics, and risk

of cardiovascular disease: a prospective analysis of up to 347,077 individuals and 8368 cases. *The American Journal of Clinical Nutrition*, 109(3), 509-516. https://doi.org/10.1093/ajcn/nqy297.

- Zhu, Q.Y., Zhang, A., Tsang, D., Huang, Y. and Chen, Z.Y. (1997). Stability of green tea catechins. *Journal* of Agricultural and Food Chemistry, 45(12), 4624-4628. https://doi.org/10.1021/jf9706080080.
- Zimmermann, B.F. and Gleichenhagen, M. (2011). The effect of ascorbic acid, citric acid and low pH on the extraction of green tea: How to get most out of it. *Food Chemistry*, 124(4), 1543-1548. https://doi.org/ 10.1016/j.foodchem.2010.08.009.
- Zohdi, N.K. and Amid, M. (2013). Optimization of extraction of novel pectinase enzyme discovered in red pitaya (*Hylocereus polyrhizus*) peel. *Molecules*, 18(11), 14366-14380. https://doi.org/10.3390/ molecules181114366.

1311