

Total gossypol and oxidation levels of refined cottonseeds oils and crude peanut oils produced in Burkina Faso

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Abstract

Edible oils produced and consumed in Burkina Faso often do not meet established standards. The objective of this study was to evaluate the total gossypol level of refined cottonseeds oils and the oxidation state of crude peanut oils and refined cottonseeds oils in Burkina Faso to determine the impact on consumer health. A total of 61 samples including crude peanut oils and refined cottonseeds oils were collected in Ouagadougou, Bobo Dioulasso and surrounding areas. Total Gossypol and *p*-Anisidine value were determined by spectrophotometry. Peroxide value, acid value, soap residual value and mineral oils were determined by chemical methods. Total oxidation (Totox) value was determined by mathematical prediction. Overall, Gossypol total average of cottonseeds oils analyzed in this study was 0.032%. The *p*-Anisidine value average was 1.80 for refined cottonseeds oils and 11.65 for crude peanut oils. The Totox averages were respectively 19.37 and 28.36 for refined cottonseeds and crude peanut oils. The average peroxide values for refined cottonseeds oils and peanut crude oils were 8.52 and 8.33 mEq O₂/Kg, respectively ($p < 0.05$). The average acid values were 0.27 and 1.95 mg KOH/g for refined cottonseeds oils and crude peanut oils, respectively ($p < 0.05$). None of the oils showed any mineral oil trace. The average residual soap values were respectively 1.47 and 8.32 ppm for peanut oils and cottonseeds oils ($p < 0.05$). The majority values determined conformed to the *Codex Alimentarius* standard despite some cases of non-compliance. It is essential to improve the processes of oils production and conservation in order to have quality oils to guarantee the health of the consumer.

1. Introduction

Vegetable oils are foodstuffs that consist mainly of fatty acid glycerides of exclusively vegetable origin. They may contain small amounts of other lipids such as phosphatides, unsaponifiable constituents and free fatty acids naturally present in the fat or oil (Codex Alimentarius, 1999). Vegetable oils have an indispensable role in the body (Fahy *et al.*, 2005). In addition to their role as energy, structural and functional, vegetable oils are sources of essential fatty acids. These essential fatty acids cannot be synthesized by humans and animals and must therefore be provided by the diet (Lecerf, 2010).

However, recent studies have suggested that diet plays a key role in the development of pathologies such

as cancers or neurodegenerative diseases. As a result, consumers are exposed to certain toxic contaminants found in food (Engel *et al.*, 2014). Among the foods concerned; there are lipids. Indeed, lipids are sensitive to oxidation which alters the components of the oil such as vitamins and pigments (Roman, 2012). In addition to oxidation, lipids contain endogenous anti-nutritional factors such as erucic acid, cycloprenic acid, gossypol and exogenous factors including mycotoxins and pesticides. In Burkina Faso, several oilseeds and nuts are processed by agribusinesses. These are cottonseeds, shea nuts, peanuts and sesame (Traoré, 2005). Burkina Faso is a producer of vegetable oils. However, locally produced oils sold in markets are often exposed to conditions that do not all meet the standards established for this purpose (Zio *et al.*, 2020). Bad conservation of these oils leads to

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their oxidation which results in the formation of secondary compounds.

Among endogenous compounds, gossypol is a species-specific secondary metabolite of *Gossypium* and protects the cotton plant from pests (Zhao *et al.*, 2020). It is a yellow pigment present in free or bound form in all parts of cotton plants. The highest levels are found in the seeds (European Food Safety Authority, 2009). Ruminants tolerate gossypol, but it is toxic to non-ruminants (Agarwal *et al.*, 2003) such as humans. As far as oxidation compounds are concerned, volatile aldehydes are secondary oxidation compounds that play a key role as they are responsible for "rancid" flavours. For this reason, the oxidation reaction is often associated with the notion of aldehydes chemical rancidity (Gharby, 2012). There are several factors responsible for this oxidation, including the lipid class, lipid composition, oxygen concentration, light and presence of antioxidants. All of these factors influence the hydroperoxides formation and degradation into secondary oxidation products (Gharby, 2012). Indeed, the primary oxidation products of oils are composed of several unstable compounds. As a result, hydroperoxides are rapidly broken down into free radicals (Villière and Genot, 2006). According to these authors, under the effect of heat or metals, they decompose, giving rise to secondary products. Among the latter, volatile compounds are responsible for the modification of the odour of oxidized products. Another, the peroxide value is used to evaluate oxidation compounds. It is used to assess the hydroperoxides presence in edible oils and provides an overall estimate of the oxidation state (Roman, 2012). As for the *p*-Anisidine value, it is more used to evaluate conjugated aldehydes compounds (Gharby, 2012), primarily 2-alkenals and 2,4-alkadienals generated due to hydroperoxide decomposition (Yang and Boyle, 2016). In addition, total oxidation (Totox) is an indicator of the total oxidation of oils (Myat *et al.*, 2009). One of the consequences of oil oxidation is the formation of potentially toxic oxidation products (Kubow, 1992; Farhoosh and Esmaeilzadeh Kenari, 2009) for consumer health. Chronic ingestion of oxidation products would be the most worrying consequence in nutrition and health terms of lipid oxidation (Riemersma, 2002). It is the same for gossypol, a toxic pigment and the main dye in cottonseeds oils. Also, the presence of soap traces in some edible oils has been reported (Zio *et al.*, 2016). The presence of toxic compounds requires the refining of edible oils. The purpose of refining is therefore to maintain or improve the organoleptic characteristics, nutritional characteristics and stability of oils. For this purpose, refining uses several steps to eliminate unwanted compounds and contaminants potentially present in the raw materials, while controlling the

formation of new undesirable compounds (Evrard *et al.*, 2007). In Burkina Faso, the production of edible oils is dominated by a myriad of informal craft enterprises, which can contribute to low-quality edible oil (Song-Naba, 2016). Hence, the objective of this study is to assess the total gossypol level of cottonseeds oils, soap traces, mineral oils presence and the oxidation state of crude peanut oils and cottonseeds oils produced in Burkina Faso and to know their health impact on consumer health.

2. Materials and methods

2.1 Sample collection

The oil samples collected were crude peanut oils and refined cottonseeds oils. A total of sixty-one (61) samples were collected randomly in 500 mL amber vials, sealed, coded, transferred to the laboratory and stored for future analysis. The samples were collected from Ouagadougou, Bobo Dioulasso and surrounding areas. The choice of edible oils sampling sites is based on the high density of edible oils factories, the markets and the consumers. Specifically, thirty (30) samples of refined cottonseeds oils including fifteen (15) samples taken in Ouagadougou-Pabré and fifteen (15) samples taken in Bobo Dioulasso were collected. For peanut oils, thirty-one (31) samples including sixteen (16) samples taken in Ouagadougou-Saaba and fifteen (15) samples taken in Bobo Dioulasso were collected.

2.2 Gossypol level determination

The spectrophotometric method described by Pons *et al.* (1951) using *p*-Anisidine (Pons *et al.*, 1951; Paquot *et al.*, 1962; Chamkasem, 1988) was used. This method involves three solutions, hexane-isopropanol (79.4/20.6; V/V), *p*-Anisidine solution and the glacial acetic acid solution. The gossypol standard solution was prepared by dissolving 12.5 mg of pure gossypol in the hexane-isopropanol solution and diluting it to 100 mL with the solvent. Gossypol standard solutions were obtained in six volumetric flasks after dilution of stock solution to 10 mL with a hexane-isopropanol solution for the calibration curve. The concentrations of these standards solutions ranged from 0.0125 to 0.075 mg/mL. For oil samples, 2 g were weighed into a 10 mL volumetric flask and diluted to volume with the hexane-isopropanol. An aliquot of 0.8 mL of sample solution was pipetted into 10 mL volumetric flasks and 1.2 mL acetic acid solution was added and diluted to 10 mL with the hexane-isopropanol mixture. This is the sample blank. To the other aliquot, 1.2 mL of *p*-Anisidine solution was added and heated in a water bath at 60°C for half an hour. It was removed from the bath, cooled at room temperature and diluted to volume (10 mL) with the hexane-

isopropanol mixture. Absorbances were read with a spectrophotometer (mc²/Safas Monaco) at 447 nm (Pons et al., 1951; Paquot et al., 1962) for *p*-aniaininogossypol complex (Paquot et al., 1962). Using the absorbance value, the gossypol is determined in the oil sample aliquot by the average of the calibration curve.

2.3 *p*-Anisidine determination

A quantity of 1.5 g oil was diluted in 25 mL of 2, 2, 4-trimethylpentane (Iso-octane) and vortexed for a few minutes. The oil solution absorbance (Ab) was measured by spectrophotometry at 350 nm. Then, 5 mL oil solution was taken from a first tube, and in parallel 5 mL of control solvent was taken from a second tube. A 1 mL of a freshly prepared *p*-Anisidine solution (0.25 % w/v) in glacial acetic acid was added to each tube. After 10 mins in the dark, the solvent absorbance (As) in the first tube was measured at 350 nm using a spectrophotometer (Safas Monaco mc²). The *p*-Anisidine is given by the following formula :

$$pAV = [25 \times (1.2As - Ab)]/m \quad (1)$$

Where As = oil solution absorbance after reaction with *p*-Anisidine, Ab = oil solution absorbance, PE = test sample mass in g. The measurements were carried out in triplicate for each oil sample (Haq et al., 2017).

2.4 Total oxidation determination

Using the peroxide value (PV) and *p*-Anisidine (pAV) value together provides a complete overview of the oils oxidation process. This is total oxidation (Totox). This is a mathematical prediction of oxidation stability and its value is calculated as follows (Medina-Juárez and Gámez-Meza, 2011) :

$$\text{Totox} = pAV + 2PV \quad (2)$$

2.5 Peroxide value determination

A quantity of 2 g of oil was weighed into a 250 mL Erlenmeyer flask. Then, 10 mL chloroform and 15 mL acetic acid were added. A volume of 1 mL potassium iodide was added to this solution. The flask was stoppered, mixed well and placed in the dark for 5 mins. A volume of 75 mL distilled water was added and the mixture was stirred well. Titration of iodine released by sodium thiosulfate in the presence of starch was performed. A blank was performed under the same conditions as the oil samples (Zio et al., 2016). The peroxide value (PV) was determined by the following formula :

$$PV = (V - V_0) \times 1000/m \quad (3)$$

Where V = volume of sodium thiosulphate expressed in mL; V₀ = volume of sodium thiosulphate of the blank; m = mass of oil weighed.

2.5 Acid value determination

The procedure adopted is as followed: in 250 mL Erlenmeyer flask, 50 mL of diethyl ether ethanol mixture was introduced, 15 drops of phenolphthalein were added. The alcoholic KOH solution was added drop by drop until it turned pink. A test sample of about 10 g oil was weighed into the above Erlenmeyer flask and dissolved by stirring. The titration of the solution obtained was carried out with the alcoholic potash until it turned pink (Zio et al., 2016). The acid value (AV) in mg KOH/g was determined by the following formula :

$$AV = (V \times 56.1 \times N)/m \quad (4)$$

Where V = potash volume (mL), N = potash solution normality, m = test sample mass (g) and 56.1 = KOH molecular weight.

2.7 Soap traces value determination

A volume of 50 mL acetone at 3 % water and three drops of bromophenol blue were put in 250 mL Erlen. The mixture turned blue after the addition of three drops of soda (0.01 N). By stirring, it was brought back to light green colouring by the addition of HCL (0.01 N). A quantity of 40 g oil was weighed and poured into the contents. After homogenization and settling of the product, the soap presence in oil was noted by the presence of blue colouration of the upper layer. The solution obtained was titrated by HCL (0.01 N) until it turned yellow (Zio et al., 2016). The residual soap (SV) content in ppm was determined by the following formula :

$$SV = (V \times 3040)/m \quad (5)$$

Where V = HCL volume poured (mL) and m = mass test sample (g).

2.8 Mineral oils detection

In a saponification flask, a volume of 1 mL of oil was introduced. Then, a volume of 1 mL potassium hydroxide solution was added and the solution was stirred gently. To this solution was added 25 mL ethanol. The mixture was boiled under reflux with occasional stirring until complete saponification for about 5 mins. Then 25 mL of distilled water was added to the soda solution obtained. In the presence of at least 0.5 % mineral oil turbidity develops (Zio et al., 2016).

2.9 Data analysis

The statistical analysis was performed using Excel 2013 and SPSS Version 20 software. Data analyses were replicated three times by oil samples. The Fisher test was used to compare the different values obtained at probability thresholds of $p = 5\%$ (significant if $p < 0.05$ and non-significant if $p > 0.05$). Values were expressed in

average data \pm standard deviation (SD).

3. Results and discussion

The gossypol level in refined cottonseeds oils was evaluated. The gossypol levels in cottonseeds oils are shown in Table 1. Gossypol values range from 0.014 to 0.050 % for oils produced in Ouagadougou and Pabré with an average of 0.025%. For cottonseeds oils produced in Bobo Dioulasso, gossypol values range from 0.008 to 0.082% with an average of 0.039% ($p < 0.05$). The overall Gossypol average is 0.032%. The oils produced in Bobo Dioulasso have the highest gossypol content. This difference could be due to the oils refining process or cottonseeds origin. The gossypol level in cottonseeds oils should be zero (ARCOP, 2017). Several authors have determined gossypol in cottonseeds oils. This is the case of Chamkasem (1988) who obtained the averages 0.67 and 1.39% respectively by HPLC and AOCS methods. For cottonseeds oils obtained by screw pressing, they obtained 0.05 and 0.25% for HPLC and AOCS methods, respectively (Chamkasem, 1988). Other authors obtained values of 2.42% and 2.84% using the AOCS and FTIR methods, respectively (Mirghani and Che Man, 2003). The values obtained by these authors are higher than those of our study. This confirms a certain mastery of the refining process. It follows that oil extraction and quantification methods have an impact on the gossypol content because of a slight modification of the gossypol molecular structure during preconditioning. The spectrophotometric method generally has higher contents because it is not specific. As a result, molecules with structures similar to gossypol such as triglycerides interfere and increase the gossypol level (Chamkasem, 1988). Also, the gossypol content in plant tissues varies according to several factors such as cultivar, phenology or plant organ (De la Paz Celorio-Mancera *et al.*, 2011). Finally, high temperatures during plant development and the ripening period decrease gossypol levels while high rainfall after this period has the opposite effect (Diaw *et al.*, 2011). Indeed, gossypol can be used as a male contraceptive reagent (Lopez *et al.*, 2005), anticancer,

antibacterial (Zhao *et al.*, 2020), antimalarial compound, and has proapoptotic properties (Karishma *et al.*, 2016). The primary target organ for gossypol toxicity following repeated exposure to lower doses in humans is the testis, which exhibits reduced sperm motility, inhibited spermatogenesis and decreased sperm count (Karishma *et al.*, 2016). In refined cottonseeds oils, total gossypol values range from 0 to 900 mg/kg dry weight (European Food Safety Authority, 2009). Solvent extraction, mechanical fractionation and membrane separation have been used to remove gossypol (Singh *et al.*, 2015). Treatment of cottonseeds oil with alkali or alkaline salts removes gossypol. Although almost all of the gossypol is removed during refining to prevent the risk of toxicity, a

Table 1. Gossypol level in refined cottonseeds oils

City	Sample number	Range (%)	Mean \pm SD (%)
OP	15	0.014-0.050	0.025 \pm 0.008 ^a
BD	15	0.008-0.082	0.039 \pm 0.020 ^b
OP and BD	30	0.008-0.082	0.032 \pm 0.017 ^c

Values with different superscripts within the same column are significantly different ($p < 0.05$).

SD = Standard deviation of triplicate samples. OP = Ouagadougou - Pabré, BD = Bobo Dioulasso, % = Percentage (g of gossypol/100 g of oils).

sufficient quantity remains to affect the conservation quality of the oil (Mirghani and Che Man, 2003).

Acid values for cottonseeds oils and peanut oils are shown in Table 2. The acid value of cottonseeds oils ranges from 0.03 to 0.70 mg KOH/g. Apart from a few samples, the majority of acid values of cottonseeds oils comply with the Codex Alimentarius standard, which is less than 0.60 mg KOH/g for refined vegetable oils (Codex Alimentarius, 1999). Crude peanut oils values range from 0.47 to 4.96 mg KOH/g. The peanut crude oils values are generally in accordance with the Codex Alimentarius standard which states that the acid value of crude vegetable oils should not exceed 4.0 mg KOH/g (Codex Alimentarius, 1999). In general, the averages are 0.27 and 1.95 mg KOH/g for refined cottonseeds oils and crude peanut oils, respectively ($p < 0.05$). The acid value

Table 2. Acid and peroxide averages of oils

Oils	City	Range		Mean \pm SD	
		PV	AV	PV	AV
Cottonseeds	OP	3.37-24.59	0.11-0.54	9.01 \pm 5.34 ^a	0.28 \pm 0.12 ^c
	BD	1.99-24.73	0.03-0.70	8.03 \pm 6.45 ^b	0.26 \pm 0.18 ^f
Peanut	OS	5.49-15.36	0.47-1.96	11.17 \pm 2.29 ^c	1.16 \pm 0.48 ^g
	BD	2.87-11.47	1.28-4.96	5.30 \pm 2.19 ^c	2.80 \pm 1.18 ^g
Cottonseeds	OP and BD	1.99-24.73	0.03-0.70	8.52 \pm 5.84 ^{d*}	0.27 \pm 0.15 ^{h*}
Peanut	OS and BD	2.87-15.36	0.47-4.96	8.33 \pm 3.70 ^{d*}	1.95 \pm 1.20 ^{h*}

Values with different superscripts within the same column are significantly different ($p < 0.05$). SD = Standard deviation of triplicate samples, AV = Acid value, PV = Peroxide value, OP = Ouagadougou-Pabré, BD = Bobo Dioulasso, OS = Ouagadougou-Saaba.

*OP and BD vs OS and BD.

average of cottonseeds oils in this study is slightly higher than the 0.23 mg KOH/g of cottonseeds oils reported by Zio *et al.* (2016) and the 0.2 mg KOH/g obtained by Soumanou *et al.* (2005) and Koudougou and Dicko (2008). Furthermore, the acid value average of cottonseeds oils is lower than the 0.3 mg KOH/g of Koudougou and Dicko (2008) and the 0.77 mg KOH/g obtained by Sedek *et al.* (2012). For crude peanut oils, the average 1.95 mg KOH/g of this study is lower than the values 3.048 mg KOH/g, 4.84 mg KOH/g reported by Kandji (2001) and Soumanou *et al.* (2005), respectively. A high acid value indicates the presence of free fatty acids in oils resulting from hydrolysis. The acid value is an indicator used to evaluate the hydrolysis process of oils (Saguy *et al.*, 1996).

Peroxide values of peanut oils and cottonseeds oils analyzed are recorded in Table 2. The peroxide values of cottonseeds oils ranged from 1.99 to 24.73 mEq O₂/Kg. Some peroxide values of refined cottonseeds oils are higher than the Codex Alimentarius standard for vegetable oils (10 mEq O₂/Kg) with an overall average in accordance with Codex Alimentarius standard (Codex Alimentarius, 1999). The peroxide values of peanut oils range from 2.87 to 15.36 mEq O₂/Kg. All values for crude peanut oils are in accordance with the Codex Alimentarius standard which should not exceed 15 mEq O₂/Kg for crude vegetable oils (Codex Alimentarius, 1999). The averages for refined cottonseeds oils and crude peanut oils are 8.52 and 8.33 mEq O₂/Kg, respectively ($p < 0.05$). The average of peanut oils in this study is lower than the average 9.45 mEq O₂/Kg (Myat *et al.*, 2009), 10.16 mEq O₂/Kg obtained by Zio *et al.* (2016) and 21.90 mEq O₂/Kg (Kandji, 2001). However, the average of 8.52 mEq O₂/Kg of cottonseeds oils is higher than the average 4.25 mEq O₂/Kg (Zio *et al.*, 2016), 3.85 mEq O₂/Kg obtained by Chabiri *et al.* (2009). On the other hand, the average 8.52 mEq O₂/Kg of cottonseeds oils is lower than the 8.9 mEq O₂/Kg of Koudougou and Dicko (2008). The low values of the different studies compared to our study can be explained by the oil oxidation. A high peroxide value may indicate maximum oxidation with high hydroperoxide concentrations. The peroxide value is widely used to measure the oils and fats oxidative rancidity (Ramadan and Mörsel, 2004). The determination of peroxide value can be used as an oxidation value during the first stage of lipid oxidation because hydroperoxides are the main products of lipid oxidation (Ramadan, 2004). It is therefore a value that allows us to assess the first stages of oil oxidative deterioration (Tchiégang *et al.*, 2004; Marmesat *et al.*, 2009).

The *p*-Anisidine averages of oils are shown in Table 3. The *p*-Anisidine values range from 0.01 to 9.68 for

refined cottonseeds oils and 0.04 to 45.14 for peanut oils. The averages are 1.80 and 11.65 for cottonseeds oils and peanut oils, respectively ($p < 0.05$). Cottonseeds oils values are near to the values of 1.66 and 2.03 obtained by Basturk *et al.* (2007). The values obtained in this study are lower than the 10 units not to be exceeded for vegetable oils. This proves that cottonseeds oils contain a small amount of secondary aldehydes oxidation compounds. The average obtained in this study for peanut oils is higher than the 4.22 obtained by Gan *et al.* (2005). This could indicate a fairly advanced oils oxidation. The high values for peanut oils could be related to the different oils manufacturing processes but also the different conditions of conservation and sale. To this could be added the frying of the cake (*Koura-Koura*) (Zio *et al.*, 2020) and probably the exposure of the oil to oxygen. The *p*-Anisidine value is comparable only for the same type of oil because the initial value of the *p*-Anisidine value varies according to the oil source (Guillén and Cabo, 2002). This is the case for polyunsaturated fatty acids rich oils that have a high value even when fresh (Roman, 2012). The *p*-Anisidine value is a more reliable and significant test because it measures secondary oxidation products (α - and β -alkenals), which are more stable during the frying process (Al-Kahtani, 1991). In terms of the maximum threshold, the *p*-Anisidine value of vegetable oils has no known values. However, several authors have admitted a value of 10 units not to be exceeded (Gan *et al.*, 2005; Casal *et al.* 2010; Cerretani *et al.*, 2008). According to Plard (2014), the content of conjugated dienals is useful to assess the quality of a highly oxidized oil, case of frying oils. These high values could be due to poor storage conditions, sale and unsuitable containers, exposure to sunlight, air, or even old oil stocks. Also, the by-product frying of (*Koura-Koura*), cake at uncontrolled temperature and for a long time may be the cause of these high values (Pambou-Tobi, 2015). Finally, the *p*-Anisidine value increases linearly with frying time as a function of temperature (Houhoula *et al.*, 2002). It is a systematic measure in quality control to evaluate the quality of oils (Roman, 2012) and a reliable indicator of oxidative rancidity of lipids (Van der Merwe *et al.*, 2004).

The Totox oxidation values (Totox) are recorded in Table 3. The Totox values for cottonseeds oils range from 4.01 to 52.74 while those for peanut oils range from 5.81 to 67.25. Overall, the averages are 19.37 and 28.36 for refined cottonseeds oils and crude peanut oils, respectively ($p < 0.05$). The Totox average of 28.36 for this study is higher than the average of 20.46 obtained by Myat *et al.* (2009). This difference could be related to the frying stage of the cake (*Koura-koura*), especially for a probably long time. The average 19.37 for cottonseeds

Table 3. Totox and p-Anisidine averages for cottonseeds oils and peanut oils

Oils	City	Range		Average and SD	
		pAV	Totox	pAV	Totox
Cottonseeds	OP	0.36-9.68	8.15-50.10	2.02±2.29 ^a	20.06±10.73 ^c
	BD	0.01-4.11	4.01-52.74	1.58±1.40 ^b	18.68±13.83 ^f
Peanut	OS	4.47-45.14	15.59-67.25	20.69±10.78 ^c	43.09±12.74 ^g
	BD	0.04-5.52	5.81-25.84	2.01±1.32 ^c	12.65±4.88 ^g
Cottonseeds	OP and BD	0.01-9.68	4.01-52.74	1.80±1.92 ^{d*}	19.37±12.18 ^{h*}
Peanut	OS and BD	0.04-45.14	5.81-67.25	11.65±12.31 ^{d*}	28.36±18.20 ^{h*}

Values with different superscripts within the same column are significantly different ($p < 0.05$). SD = Standard deviation of triplicate samples, pAV = p-Anisidine, OP = Ouagadougou-Pabré, BD = Bobo Dioulasso, OS = Ouagadougou-Saaba.

*OP and BD vs OS and BD.

oils is higher than the 7.51 reported by Sedeek *et al.* (2012). By comparison according to the oil type, it should be noted that the Totox of peanut oils is higher than those of cottonseeds oils because they are used for frying cake (*Koura-Koura*). A study shows that the Totox values of the oils increase with the frying time. In general, the lower the Totox, the more the oil is stable (Xu *et al.*, 2015). The total oxidation value is a representative value of oxidative deterioration because it takes into account both peroxides and aldehydes (Lolos *et al.*, 1999). It should be noted that the chemical composition of fatty acid is involved in the stability of the oil. In principle, oils rich in polyunsaturated fatty acids (linoleic acid and linolenic acid) are less stable (Sedeek *et al.*, 2012) contrary to the oils rich in monounsaturated fatty acids which are more stable (Xu *et al.*, 2015). The different results obtained in this study for oils produced in different cities are due to the various oil refining process. Indeed, a study revealed two types of the refining process for peanut oils and three types for cottonseed oils in Ouagadougou and Bobo Dioulasso. The oil refining steps are different in all cases. This variability of oil refining process has a negative impact on the quality of the oil produced in Burkina Faso (Zio *et al.*, 2020). Also, poor storage conditions of the oils may be responsible for the different values obtained in this study.

No peanut oil produced in Ouagadougou-Saaba showed soap traces. Values range from 0 to 37.99 ppm for cottonseeds oils. The averages were 1.47 and 8.32 ppm for peanut oils and cottonseeds oils, respectively ($p < 0.05$). A small proportion of oils had soap traces. The values obtained are below the maximum threshold for vegetable oils which is 50 ppm (Codex Alimentarius, 1999). Also, the average (8.32 ppm) for cottonseeds oils in this study is lower than the value 32.90 ppm and 21.70 ppm reported respectively in 2005 and 2006 by Koudougou and Dicko (2008). The average result in this research is lower than the 14.56 ppm obtained by Zio *et al.* (2016). The low values could be related to the refining process, in particular, the washing after

neutralization that removes residual soaps due to soda. It is the same for peanut oils whose average of 1.47 is below the 13.17 ppm (Zio *et al.*, 2016). The presence of soap traces in crude peanut oils could be related to the addition of salt in the production process. The purpose of this salt is to give a taste to the cake (*Koura-Koura*) (Zio *et al.*, 2020).

The detection of mineral oil traces in cottonseeds oils and peanut oils from the different cities was negative. Not all cottonseeds oils and peanut oils showed traces of mineral oil. These data are similar to those obtained by Zio *et al.* (2016) in peanut oils and cottonseeds oils from the city of Ouagadougou. However, authors have detected hydrocarbons in vegetable oils (Neukom *et al.*, 2002). Mineral oils in vegetable oil with values between 30 and 150 mg/kg in foodstuffs were reported (Lacoste *et al.*, 2009).

4. Conclusion

Gossypol has been identified in cottonseeds oils (0.032%) at low levels. However, its content in cottonseeds oil should be zero. Also, the determination of different oxidation parameters of cottonseeds oils and peanut oils produced in Ouagadougou, Bobo Dioulasso and surrounding areas has made it possible to assess their oxidation state. Most of the values determined were in compliance with the Codex Alimentarius standard. Most of the oils have not undergone oxidation apart from peanut oils. Peanut oils have high values, particularly p-Anisidine (11.65) and Totox value (28.36), demonstrating their advanced level of oxidation. The detection of mineral oil was negative for all oils. For soap residual traces, low levels were detected but below the Codex Alimentarius standard. The refining process for cottonseeds oils needs to be improved to remove gossypol traces. Also, the production and preservation of crude peanut oils require special attention. To avoid oxidation of vegetable oils, it is essential to limit their exposure to oxygen, light, high temperatures and keep them in amber containers under nitrogen if necessary.

Conflict of interest

The authors declare no conflict of interest.

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