FOOD RESEARCH

Solvent used in extraction process of agarwood: a systematic review

Zakaria, F., *Talip, B.A., Kahar, E.E.M., Muhammad, N., Abdullah, N. and Basri, H.

Faculty of Applied Sciences and Technology, Universiti Tun Hussein Onn Malaysia Kampus Pagoh, KM 1, Jalan Panchor, 84600, Panchor, Johor, Malaysia

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Abstract

The method of extraction of Agarwood is usually dependent on the purpose of the extract. This systematic review aims to look at the number of studies that use different types of solvents in the process of extraction. There are 3 types of solvents commonly used in the extraction of agarwood essential oils namely methanol, ethanol and water. Each solvent produces different extracts in terms of quantity and quality of the final product. However, there is controversy over the use of solvents as it may cause a cytotoxic effect on the user. Another common type of solvent is water. Although water is a cheap solvent and relatively safe, aqueous extracts have more impurities that make isolating the desired compound difficult. After the extraction process, the crude extract was fractionated into the desired compounds and this technique is widely applied, especially in the whole process of extraction of the agarwood. In conclusion, extraction solvents have certain advantages and disadvantages, and this is one of the reasons why this extraction method depends on the purpose of using the final product such as agarwood essential oil.

1. Introduction

Agarwood is a highly valuable product obtained from the trunk and root of the *Aquilaria* and *Gyrinops* tree species from the family of Thymalaeaceae. Agarwood also called as gaharu, aloeswood, agalloch, eaglewood, oud, oudh, kyara, chen xiang, tomention, kalambak, jinkoh, or kanankoh in different regions is a fragrance non-timber product origin from tropical rainforest in Asia. All part from agarwood plants including stem, skin, leaves, flowers, fruits and twigs have been used from ancient times to produce perfume products, medicines, green tea and cosmetics.

The Aquilaria leaves have great potential in medicinal purposes. Several studies have been done to evaluate the effects of the leaves extracts to health. Traditionally, Aquilaria leaves were used to treat toothache, colic, severe headache, rheumatism and pains during pregnancy due to the presence of alkaloid in the extract (Khalil *et al.*, 2013). It also possesses laxative effects (Hara *et al.*, 2008; Kakino *et al.*, 2010a; Kakino *et al.*, 2010b), antihyperglycaemic activity (Pranakhon *et al.*, 2011), antioxidant and antibacterial activities (Hendra *et al.*, 2016).

Normally, the fragrant agarwood resin did not form in healthy wood tissues unless there is a bacterial infection, chemical stimulations, physical wounding and insect attack (Okudera and Ito, 2009). The agarwood resin which contains secondary metabolites is produced as the self-protection to the action. The bioactive compounds or phytochemicals in the agarwood tree is a part of its defense mechanism against any attack either from environmental factors or diseases (Barden *et al.*, 2000). Essential oils are the most interesting product which can be extracted from infected Aquilaria tree and contribute to economy. First-grade agarwood is one of the most expensive natural raw materials in the world. Resin and essential oil from three species of agarwood plant, namely *Aquilaria malaccensis* (agallocha), *A. crassna*, and *A. sinensis* have been widely explored for their phytochemicals.

CITES (Convention on International Trade in Endangered Species of Wild Fauna and Flora) has listed that the agarwood plant or *Aquilaria* species (Thymelaeaceae) in Appendix II as an endangered species due to their declining numbers in its natural environment. One of the factors that led to this situation was due to unrestrained cuts by humans.

Various techniques have been used in extracting different parts of agarwood, including water distillation or hydrodistillation, steam distillation, solvent extraction and supercritical fluid extraction (Naef, 2011).

Agarwood is mainly extracted for its expensive essential oil whereas other parts of the plant were extracted for pharmacological purposes. Sanskrit text has mentioned that agarwood as an aromatic product since 1400 B.C.E. In 65 B.C.E., Dioscorides, a first-century Greek physician, botanist and pharmacologist has described the use of agarwood extracts in medicine (López-Sampson and Page, 2018). Agarwood has been used as an ethnomedicine in countries in Southeast Asian, China and Bangladesh for joint pain, inflammatory-related ailments, and diarrhea. Addition on that, several studies also report on the ability of agarwood as a stimulant, sedative and cardio-protective agent. Traditionally used of agarwood did not emphasized on the bioactive compounds extracted from agarwood but only the effects on health. The use of agarwood traditionally does not emphasize on the agarwood bioactive compounds but rather expresses its effect on health.

To date, studies related to agarwood are mainly focused on beneficial compounds for health (Hashim *et al.*, 2016), volatile and semi-volatile constituents (Naef, 2011), quality assessment and grading of agarwood (Ismail *et al.*, 2015; Liu *et al.*, 2017), agarwood oil quality analysis (Ismail *et al.*, 2014) and induction technology (Azren *et al.*, 2019). In spite of this, there are limited studies have described on the extraction technique. Therefore, this systematic review aims to gather information about the extraction techniques involves in different parts of the agarwood plant and the purposes of the extraction.

2. Materials and methods

The method used to retrieve articles related to extraction of agarwood is PRISMA which includes resources from the Scopus database. Scopus e-database is used to run the systematic literature review, eligibility and exclusion criteria, steps of the reviewing process (identification, screening, eligibility) and data abstraction and analysis.

2.1 PRISMA

The review was performed by following the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) Statement.

2.2 Resource

The review depends on the journal database from Scopus only (Figure 1). The Scopus database was selected because the database is organized by independent experts from various fields including science, technology and medicine and also social sciences, arts and humanities. It contains more than 23,500 peer-reviewed journals, 8.5 million Open Access articles other than books and conference proceedings. Thus the database is reliable and sufficient to provide the information required in this review.



Figure 1. Flow diagram for systematic review of extraction methods used in agarwood

2.3 Systematic review process

2.3.1 Identification

The process of review was performed in May 2019. The systematic review process comprises of four stages. The first stage is identification, which is the most crucial step where the keywords used in the search process need to be identified based on previous study and thesaurus. Keywords similar and related to the extraction, agarwood, their species and scientific names were used (Table 1).

Figure 1. Flow diagram for systematic review of extraction methods used in agarwood

| Database | Keywords used |
|----------|---|
| Scopus | TITLE-ABS-KEY ("extraction*" OR "distillation*" OR "plant extract*" OR "essence" OR "distillat*" "concentrat*" OR "infusion*") AND ("agarwood*" OR "oud*" OR "gaharu*" OR "agilawood" OR "agalloch" OR "aloeswood" OR "eaglewood" OR "jinko" OR "aquilaria maleccensis" OR "aquilaria brachyantha" OR "aquilaria hilata" OR "aquilaria microcarpa" OR "aquilaria rostrata") |

2.3.2 Screening

In this review, only article journals with empirical data and review article are selected (Table 2). Other types of references such as book, chapter in book, book series and conference proceeding are all eliminated. Non -English publications also were excluded, and the review limits to English articles only to avoid any difficulty in understanding the research articles. With regard to the timeline, the latest five years published articles were selected which from the year 2015 to 2019.

Table 2. The inclusion and exclusion criteria

| Criterion | Eligibility | Exclusion | | |
|-----------------|-------------------|------------------------------|--|--|
| | Journal (research | Book, chapter in the book, | | |
| Literature type | article) | review, book series and con- | | |
| | | ference proceeding | | |
| Language | English | Non-English | | |
| Timeline | 2015-2019 | <2015 | | |

3. Results and discussion

All the studies involved in this review used the solvent extraction method to separate the desired natural products from the raw material. There are many procedures to recapture selected natural products or bioactive compounds from plants such as maceration, Soxhlet extraction, supercritical fluid extraction, ultrasound-assisted extraction. ultrasonic-assisted extraction, microwave-assisted extraction, subcritical water extraction, supercritical carbon dioxide extraction and high-pressure processing. However, extracted yields and compounds also depend on the solvent used for extraction and are not solely focused on the method. (Do et al., 2014). The extraction solvent is one of the crucial factors affecting the extraction efficiency of bioactive compounds from plant materials. The selection of solvent extraction is dependent on the purpose of the extraction such as type of analysis, the physicochemical properties of the matrix, the nature of targeted compounds, the availability of the reagents and equipment, safety concerns and price of the solvent (Yu et al., 2002). Organic solvents are selected based on higher density rather than water, extraction ability of selected compounds, and good gas chromatography

performance.

This review built in three main themes focused on extraction solvents, which are methanol, ethanol and water used in extracting agarwood and its parts (Table 3). Because natural bioactive compounds have many benefits in medicine and health, the extraction process will be optimized to obtain these beneficial bioactive compounds. A previous study reported that agarwood contains extensive aromatic compounds, mainly sesquiterpenes and phenylethyl chromone derivatives (Chen *et al.*, 2012). These compounds are indicators to determine the quality of the agarwood, particularly resulting from synthetic inoculation process.

3.1 Methanol

A total of three studies obtained from PRISMA analysis from Scopus database used methanol as a solvent in extracting agarwood parts Study 1 (Suzuki et al., 2017), Study 2 (Huo et al., 2018) and Study 3 (Jayaraman and Mohamed, 2015)). Methanol is often being used as an extraction solvent since aqueous methanol was more effective in extracting total phenolics and antioxidative components compared to water (Zhou and Yu, 2004). In general, methanol has been discovered to be more efficient in the extraction of polyphenols, which have lower molecular weight (Do et al., 2014). Study 1 and Study 2 used methanol in extracting the agarwood and isolated some selected compounds from the crude methanolic extract. Meanwhile, Study 3 used methanol to extract dry cell of agarwood that harvested from tissue culture. Jayaraman and Mohamed (2015) were developed plant tissue culture from agarwood leaves cell for rapid mass production to regenerate agarwood plant and produce secondary metabolites from the plant such as aromatic compounds.

Suzuki *et al.* (2017) extracted powdered *Aquilaria filaria* heartwood with 95% methanol (room temperature, 72 hr). From the crude methanolic extract, 11 compounds have been isolated namely, 2-(2-hydroxy -2-phenylethyl)chromone, 6-hydroxy-7-methoxy-2-[2-(4 -methoxyphenyl)ethyl]chromone, 8-chloro-6-hydroxy-2-(2-phenylethyl)chromone, 6-hydroxy-7-methoxy-2-(2-

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| A 4: 1 | с · | Solvent | | |
|------------------------------|-----------------------|--------------|---------|-------|
| Article | Species | Methanol | Ethanol | Water |
| Suzuki et al. (2017) | Aquilaria filaria | \checkmark | | |
| Huo et al. (2018) | Aquilaria sinensis | \checkmark | | |
| Jayaraman and Mohamed (2015) | Aquilaria malaccensis | \checkmark | | |
| Lee et al. (2018) | Aquilariae lignum | | | |
| Lio et al. (2016) | Aquilaria sinensis | | | |
| Dong et al. (2019) | Gyrinops salicifolia | | | |
| Manoka <i>et al.</i> (2016) | Aquilaria crassna | | | |

phenylethyl)chromone, 6,7-dimethoxy-2-(2-phenylethyl) 6-hydroxy-2-[2-(4-methoxyphenyl)ethyl] chromone, 6-hydroxy-2-[2-(4-hydroxyphenyl)ethyl] chromone, 6-hydroxy-2-(2-phenylethyl)chromone, 8chromone, hydroxy-2-(2-phenylethyl)chromone, 6,8-dihydroxy-2-(2 -phenylethyl)chromone, and 2-(2-phenylethyl)chromone. These isolated chromones were tested for antiproliferative activity against human tumor cell lines and antitumor promoting effects. The results have mentioned that all 11 chromones inhibit tumor promotion at noncytotoxic concentrations.

Agarwood has been used as herbal medicine in certain countries; however, the quality of agarwood was unidentified. Therefore Huo *et al.* (2018) were carried out quality evaluation techniques for Chinese agarwood (*Aquilaria sinesis*) and other herbal medicines to guarantee the clinical therapeutic outcomes as well as the economic values. Several relevant materials of *Aquilaria sinensis*, such as fruits, stems, leaves, callus and NaCl stimulated callus were pooled and extracted with methanol for 30 min in an ultrasonic-assisted manner. Later the extract was fractionated to afford some fractions. From the study, authentic compound-free quantification was achieved for eight 2-(2-phenylethyl) chromone derivatives from Chinese agarwood.

Interestingly, cell culture technique has been used by Study 3 to produce the aroma of agarwood in the laboratory. Jayaraman and Mohamed (2015) were established a cell suspension culture of Aquilaria malaccensis from leaf-derived callus and used a fungal elicitor to induce agarwood production in the culture. Cell suspension cultures were treated with Trichoderma extract; a fungal elicitor to increase fragrance intensity comparable to the aroma of agarwood. Then, the cell culture was harvested and extracted in methanol in a Soxhlet apparatus for 5 hrs. GC-MS analysis detected several important agarwood compounds from the extract. Although mild agarwood aroma was detected from the elicited samples, there are no major agarwood compounds detected in these samples. Interestingly, several agarwood compounds were detected from the cell suspension culture that emitted the scent.

3.2 Ethanol

Ethanol also is a polar solvent and has been known as a suitable solvent for polyphenol extraction and is non -toxic for human consumption. It has some advantages which make it widely used for extraction such as low cost, adequate boiling point and strong ability to penetrate plant cells. Most organic compounds can be dissolved in ethanol except protein, phlegm, pectin, starch and polysaccharide (Xu *et al.*, 2011). There are three studies that use ethanol as the extraction solvent which are Study 4 (Liao *et al.*, 2016), Study 5 (Lee *et al.*, 2018) and Study 6 (Dong *et al.*, 2019). All studies have performed the isolation for targeted compounds from the ethanol extract of agarwood to test the pharmacological effects of certain diseases *in vitro*.

In Study 4, the agarwood (Aquilaria sinesis) was crushed and then refluxed with 95% ethanol. Fifteen 2-(2 -phenylethyl) chromone derivatives were isolated from the ethanolic extract of A. sinesis (Liao et al., 2016). The compounds were assessed for α -glucosidase inhibitory activity, AchE inhibitory activity and cytotoxic activity against BEL-7402, K562, and SGC-7901 human cancer cell lines. The study also revealed that 6,7-dimethoxy-2-[2-(4-hydroxyphenyl)ethyl] chromone, 6,7-dihydroxy-2-[2-(4-methoxyphenyl)ethyl] chromone and 6-hydroxy-2-[2-(3-methoxy-4-hydroxyphenyl)ethyl] chromone obviously inhibited against α -glucosidase in vitro. Nonetheless 6, 8-dihydroxy-2-[2-(4-methoxyphenyl) chromone, 6,7-dimethoxy-2-[2-(3-hydroxy-4ethyl] methoxyphenyl)ethyl] chromone, 6-hydroxy-7-methoxy-2-[2-(3-hydroxy-4-methoxyphenyl)ethyl] chromone and 6-hydroxy-2-[2-(3-methoxy-4-hydroxyphenyl)ethyl] chromone showed weak inhibitory activity against AchE. Meanwhile 6,7-dihydroxy-2-[2-(4-methoxyphenyl)ethyl] chromone and 6-methoxy-7-hydroxy-2-[2-(4methoxyphenyl)ethyl] chromone demonstrated weak cytotoxicity against human gastric cell line (SGC-7901).

Study 5 was by investigating done the pharmacological effect of Aquilaria lignum against glutamate-induced neuroexcitotoxicity and its underlying mechanisms using HT22 cells, a mouse hippocampal neuron cell line (Lee et al., 2018). A. lignum resinous heartwood was extracted using 30% ethanol for 72 h. Ultra-high-performance liquid chromatography-tandem mass spectrometry (UHPLC-MS/MS) was conducted on A. lignum extract to determine its chemical composition (Lee et al., 2017). The identified chemical formula was assumed to be C₁₀H₁₂O₃N (ferulamide), C₁₇H₁₈O₅N (benzyloxycarbonyl-L-tyrosine), C₁₇H₁₆O₄N (Fmoc-Lglycine), C₁₈H₂₀O₅N (carbobenzoxy-O-benzyl-L-serine), C₁₈H₁₈O₄N (Fmoc-L-alanine or Fmoc-Sarcosine), C₁₇H₁₈O₄N (carbobenzyloxyphenylalanine), C₃₄H₃₃O₈N₂ or $C_{21}H_{41}O_{19}$ (unknown), and $C_{18}H_{20}O_4N$ (transferuloyltyramine). confirmed The result the neuroprotective properties of A. Lignum on glutamateinduced hippocampal neuron excitotoxicity.

In Study 6, three compounds of *Gyrinops salicifolia* Ridl. extract was isolated and tested on acetylcholinesterase (AchE) inhibitory activity and cytotoxic activity against human myeloid leukaemia cell line (K562) (Dong *et al.*, 2019). *Gyrinops salicifolia* Ridl. (Thymelaeaceae) is one of agarwood-producing

endemic species in Papua New Guinea. The resinous heartwood of *G. salicifolia* was extracted with 95% ethanol at heating reflux and then extracted with ethyl acetate and n-butanol before fractionated and led to the isolation of three 2-(2-phenylethyl)chromone derivatives (Gyrinone A, Gyrinone B and 5-hydroxy-2-[2-(3hydroxy-4-methoxyphenyl)ethenyl]chromone) which were elucidated as novel structures. Addition to that, the result has also reported that there was no inhibition effect on AchE inhibitory activity or cytotoxicity against K562 cell line.

3.3 Water

Some researchers use water as extraction solvent because aqueous extraction offers numerous advantages over conventional solvent extractions such as low cost, safe, and capability of tunable their properties by changing the temperature (Plaza and Turner, 2015). However, extraction by water may also yield more salt, protein, sugar and starch and make the purification process more challenging (Xu et al., 2011). From this review, only one study used water as an extraction solvent to produce Aquilaria crassna leaves aqueous extract (Manoka et al., 2016). Dried powdered leaves were extracted in boiling water for 15 min. The extract was analysed for antioxidant and hypoglycaemic activities in vitro and in vivo using streptozotocin (STZ)nicotinamide (NA)-induced type 2 diabetic mice. The result showed that A. crassna extract significantly lowered the blood glucose level. However, the expression of GLUT4 in skeletal muscle was not significantly changed with the extract. GLUT4 is the insulin-regulated glucose transporter found primarily in skeletal and cardiac muscle, and adipose tissues.

4. Conclusion

The application of adequate extraction solvents guarantees the target compounds to be extracted and avoids the interference of other unnecessary components. Limited studies have projected different extracting solvents that have been used in different methods of agarwood extraction. Methanol, ethanol and water have their own role in extracting agarwood and its parts, particularly for pharmacological or nutraceutical purposes. Methanol and ethanol regularly have been used in agarwood extraction before the extract partitioned to isolate targeted compounds. Even the use of water in extraction is cost-effective and safe compared to other solvents, the aqueous extract usually did not partition because it may have more impurities which make the separation process tough.

Conflict of Interest

Authors declare no conflict of interest.

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