

Isolation of active compound from *Nephelium lappaceum* L. rind as an antioxidant

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Abstract

The consumption of rambutan (*Nephelium lappaceum* L.) results in a vast amount of rambutan rind. It is very interesting to explore rambutan rind as natural antioxidants. This study aimed to explore the antioxidant activities of rambutan rind *in vitro* and to correlate those activities with a group of compounds (phenolics and flavonoids). Rambutan rind was cleaned, dried using a conventional oven, powdered, and the powder obtained was subjected to maceration. The macerate was fractionated using petroleum ether and chloroform to get chloroform fraction. The sub fractionation was done toward chloroform fraction. The chloroform fraction and its subfractions were then subjected to antioxidant activity measurement, determination of phenolics and flavonoid contents, and the active compound present in the most active subfractions was isolated using column chromatography. The isolate was identified using several methods including thin-layer chromatography (TLC), Fourier transform infrared (FTIR) spectroscopy as well as gas chromatography-mass spectrometry (GC-MS). The results showed that the chloroform fraction and its subfractions were correlated with the phenolic and flavonoid contents found in rambutan rinds. The phenolic and flavonoid content of chloroform fraction was 32.32 ± 0.79 and 55.05 ± 3.900 , respectively, whereas the IC_{50} of antioxidant activity was 49.77 ± 0.22 for DPPH and 45.36 ± 0.27 for ABTS. The reducing power was 34.478 ± 0.245 (mg vitamin C equivalent/g sample) and the metal chelating activity was 332.753 ± 0.695 (mg Na EDTA equivalent/g sample). The phenolic contents contributed towards the metal chelating activities compared to other antioxidant activities with an R^2 value of 0.8726, while flavonoid contents contributed more to ABTS radical scavenging activity with an R^2 value of 0.8916. One of the active compounds present in rambutan rind having antioxidant activity was identified as 1,2-benzenedicarboxylic acid. Thus, the under-utilized part of rambutan rind could be explored as a natural antioxidant to be used as a food supplement.

1. Introduction

The imbalance between reactive oxygen species (ROS) and reactive nitrogen species (RNS) with endogenous antioxidants has led to the formation of oxidative stress. ROS and RNS have been associated with some degenerative diseases including diabetes, cancer, ageing, neurodegenerative and cardiovascular diseases (White *et al.*, 2014). Some efforts have been driven by a group of researchers to explore exogenous antioxidants either natural or synthetic antioxidants (Palanisamy *et al.*, 2008). The antioxidant can be defined

as any compounds or materials capable of delaying or inhibiting the oxidation reactions of lipids, proteins and other molecules by terminating free radical reaction (Pavithra and Banu, 2017). Natural antioxidants derived from fruits and vegetables have been explored and commercialized such as grape seed extracts. One of the potential natural antiradical derivatives is from Rambutan (*Nephelium lappaceum* L.).

Rambutan (king of fruits) with the scientific name of *Nephelium lappaceum* L. (Family of Sapindaceae) is a tropical fruit commonly found in South East Asian

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regions like Indonesia, Thailand Malaysia, and Vietnam (Fidrianny *et al.*, 2015). Rambutan is most commonly consumed in cultivars Aceh, Binjai and Rapih (Rohman *et al.*, 2016). The consumption of Rambutan fruit has resulted in a vast amount of waste, including rind and peel. Therefore, it is very interesting to explore of underutilized part of rambutan fruit as a natural antioxidant and identify the active components contributing to antioxidant activities.

Several biological activities of *Nephelium lappaceum* L. fruit including its rind and seed have been reported, namely antiradical due to its phenolic compounds (Thitilertdech and Rakariyatham, 2011), *in vitro* and *in vivo* antioxidant activities using different standardized methods (Pavithra and Banu, 2017; Iman Kamaludin *et al.*, 2016; Mistriyani *et al.*, 2018), lipid peroxidation inhibition (Setyawati *et al.*, 2015) anti-inflammatory effects (Chingsuwanrote *et al.*, 2016) anti-hypercholesterolemia activities (Muhtadi *et al.*, 2016) antibacterial activities against some pathogenic bacterial strains (Thitilertdech *et al.*, 2008), inhibitors of alpha-amylase and alpha-glucosidase activities *in vitro* (Thinkratok *et al.*, 2014) hypoglycemic effects (Soeng *et al.*, 2015), anti-hyperglycemic activity (Palanisamy *et al.*, 2011), α - and β -glucosidases inhibition (Widowati *et al.*, 2015), and anti-diabetic activity on rats induced by alloxan (Muhtadi *et al.*, 2016)

Some active compounds have been identified in rambutan including geraniin, corilagin and ellagic acid (Hernández *et al.*, 2017). A total of 39 compounds were also identified in rambutan rind, including 1 simple phenolic acid, 1 flavone, 5 hydrolyzable tannins, 5 hydroxybenzoic acids, 10 flavonols, 11 flavonols, 6 ellagic acid and conjugates (Zhuang *et al.*, 2017). However, the study on the antioxidant activities of *Nephelium lappaceum* L. rind fraction is still limited. To the best of our knowledge, the isolation of active antioxidant components from *Nephelium lappaceum* L. rind chloroform fraction has not been reported. Mistriyani *et al.* (2021) have carried out the isolation of antioxidant components in the ethyl acetate fraction of Rambutan peel. In this study, the chloroform fraction of Rambutan rind was chosen for further fractionation to investigate the active antioxidant compound because the chloroform fraction and subfraction showed good antioxidant activities. Furthermore, the active component contributing to antioxidant activity was identified.

2. Materials and methods

2.1 Materials

Rambutan fruit was obtained from Bantul, Yogyakarta, Indonesia. The authentication of rambutan

samples was performed in the Department of Pharmaceutical Biology, Faculty of Pharmacy with assistance from Dr Djoko Santosa. The chemical reagents and solvents used were of pro-analytical grade.

2.2 Preparation of chloroform extract of rambutan

The chloroform fraction was prepared according to Rohman *et al.* (2016). Rambutan rind was cleaned, cut into small pieces using a commercial cutter and dried in a conventional oven at 65°C for 2 days then grounded into a powder. The powder was subjected to extraction using the maceration technique using methanol as extracting solvent and occasionally shaken. The solvent was evaporated using a vacuum rotary evaporator to obtain the methanolic extract. The extract was then added with aquadest and subjected to partition using petroleum ether, chloroform, and ethyl acetate to get corresponding fractions, namely petroleum ether (PE), chloroform (CH) and ethyl acetate (EA) fractions. CH fraction was then further sub-fractionated to get sub-fractions. The most active sub-fraction as an antioxidant was subjected to isolation to identify the compounds responsible for antioxidant activity. The methanol extracts and their fractions (water, PE, CL, and EA) were evaluated by determining antiradical activities using 2,2'-diphenyl-1-picrylhydrazyl (DPPH) and 2,2'-azinobis (3-ethylbenzo thiazoline-6-sulphonic acid) diammonium salt (ABTS), reducing power, and metal chelating activity.

2.3 Evaluation of radical scavenging activity using DPPH radical

Scavenging activity of DPPH radicals was performed according to (Khalil *et al.*, 2018) with slight modification. A-50 μ L of extract and fraction samples with different concentrations was added to 1.0 mL DPPH 0.4 mM and 3.950 mL methanol. The mixture was allowed to react at room temperature for 20 mins. Then, the absorbance was measured at 515 nm with a calibrated UV-visible spectrophotometer. All measurements were done in triplicate.

$$\% \text{ Antiradical activity} = \frac{A_0 - A_1}{A_0} \times 100$$

Where A_0 is the absorbance of the control (without samples) and A_1 is the absorbance of samples.

2.4 Radical scavenging activity using ABTS technique

The ABTS radical assay of extract and fraction samples was performed according to Fidrianny *et al.* (2015). The mixture of potassium persulphate 2.45 mM and ABTS 7 mM (1:1) was allowed to stand in the dark for 12–16 hrs at room temperature to produce ABTS radical cation ($ABTS^+$). This $ABTS^+$ solution was

diluted with methanol to obtain absorbance values of 0.600-0.800 at 734 nm. The ABTS⁺ working solution (3 mL) and 30 µL of blank (methanol), standard or sample were mixed and the absorbance was measured at 734 nm after 6 mins using a spectrophotometer.

2.5 Reducing power evaluation

The evaluation of ferric reducing activity power (FRAP) was carried out according to Mistryani *et al.* (2018). FRAP reagent was prepared by mixing 300 mmol/L acetate buffer (pH 3.6), 10 mmol/L 2,3,5-triphenyl-1,3,4-triaza-2-azoniacyclopenta-1,4-diene chloride (TPTZ)(in 40 mmol/L HCl), and 20 mmol/L ferric chloride (10:1:1, v:v:v). To the 4.5 mL of reagent, 150 µL ethanol plant extract was added. The absorbance readings were analysed after 5 mins and performed at a wavelength of 593 nm. The blank consisted of FRAP reagent. The final absorbance of each sample was compared with those obtained from the standard curve made from ferric sulphate (FeSO₄.7H₂O) (200–1000 µmol/L). Results were expressed in nmol Fe²⁺/mg dried extract.

2.6 Metal chelating activity

Metal chelating activity of extract and fractions was measured as described by (Wong *et al.*, 2014). A certain amount (mL) of samples was added with 0.1 mM FeSO₄ (0.2 mL) and 0.25 mM ferrozine (0.4 mL). After incubating at room temperature for 10 min, the absorbance of the mixture was recorded at 562 nm. The chelating activity was calculated using the following formula:

$$\text{Chelating Activity (\%)} = \frac{A_0 - A_1}{A_0} \times 100$$

Where A₀ is the absorbance of the control reaction (without any samples) and A₁ is the absorbance in the presence of extracts or fractions.

2.7 Determination of total phenolics and flavonoid contents

Total phenolics contents of extracts and fractions were determined according to (Kovarovič *et al.*, 2019), while total flavonoids were determined using the spectroscopic method according to Rohman *et al.* (2010). For phenolics content analysis, Folin Ciocalteu reagent (FCR) was used. Briefly, extracts and fractions in methanol were mixed with 0.4 mL of FCR. The solution was allowed to stand at room temperature for 8-10 mins, added with 4 mL Na₂CO₃ 7% and made to 10.0 mL with bidistilled water. The mixture was allowed to stand for 2 hrs and subsequently measured at 725 nm. The phenolic contents were expressed as mg gallic acid equivalents (GAE) per gram of sample (mg/g). For total flavonoid

analysis, samples in methanol were added with 4 mL of distilled water and 0.3 mL of NaNO₂ 5%. After 5 mins, 0.3 mL AlCl₃ 10% was added to the mixture. At 6 mins, 2 mL NaOH 1 M was added to the mixture. Immediately, the mixture was diluted to a volume of 2.4 mL distilled water and thoroughly mixed and its absorbance was measured at 510 nm versus a blank containing all reagents except samples of extracts or fractions. The total flavonoid content of the extracts and fractions were expressed as mg rutin equivalents (RE) per gram of sample (mg/g).

2.8 Fractionation of chloroform extract

Chloroform fraction has good antioxidant activities, therefore, it was further subjected to fractionation using vacuum liquid using silica gel G 60 GF₂₅₄ as in (Rohman *et al.*, 2010). The chloroform fraction was dissolved in chloroform, then anhydrous sodium sulphate was added that was previously heated for 2 hrs at 110°C, and allowed to stand for one night and filtered using a filter paper. The solvent was concentrated using a vacuum rotary evaporator. Samples were added to a column that has been let stand overnight. The chloroform fraction was eluted using the solvents of chloroform, ethyl acetate, and methanol in various compositions. A volume of 50 mL of eluates each was collected for each and evaporated using a vacuum rotary evaporator.

2.9 Fractionation of active fraction

The sub-fractions were loaded into TLC using the stationary phase of GF254 with suitable eluting solvents. The plate was sprayed with DPPH 0.02% in methanol. Sub-fraction capable of bleaching the DPPH colour was subjected to further fractionation using a gravimetric column. The sub-fraction was loaded into a column using silica gel 230-400 mesh (0.040-0.063 mm) and isocratically eluted with n-hexane: acetone (2:2 v/v) and with petroleum ether: ethyl acetate (1:1 v/v), 5 mL of each elute was then collected.

2.10 Isolate purity identification

The purity of the isolate was identified using two methods, melting point and thin-layer chromatography (TLC). The melting point of the crystal was identified using the Buchi Melting Point B-450. Temperatures were recorded at the time the crystal began to melt and the temperature at which the crystal turns into liquid. The test was repeated by measuring the temperature of ±10°C below the melting point obtained, ramped at 1°C/min. For the purity test using TLC, the isolate was eluted using three eluent systems with a mobile phase with different polarity index, acetone: ethyl acetate: chloroform with a ratio of 4: 3: 3 v/v. The compound was considered pure if it had a single spot on the TLC

3.2 Reducing power activities

The reducing power of Fe(III) into Fe(II), known as ferric reducing activity power (FRAP), differs from radical scavenging activities because there are no free radicals, but involved the reduction of ferric ion (Fe^{3+}) from potassium ferricyanide into Ferro ion (Fe^{2+}). The Ferro ion can be monitored by measuring the intensity of Prussian blue colour at a wavelength of 700 nm, and the higher the absorbance at 700 nm indicated the higher the reduction power. The antioxidant activity based on the reducing power of Fe^{3+} into Fe^{2+} was expressed as mg equivalent of vitamin C in one (1) gram sample. The linear equation describing the relationship between concentration of vitamin C (x-axis) and absorbance of Fe^{2+} due to reduction of Fe^{3+} with vitamin C (y-axis) was: $y = 10.771x + 14.878$ ($R^2 = 0.9891$). Table 3 compiled the reducing power of extract and fractions (calculated as mg equivalent vitamin C/g sample). The methanol extract exhibited the strongest reducing power with a FRAP value of 14.446 ± 0.161 mg equivalent vitamin C/gram sample followed by ethyl acetate fraction, chloroform fraction, and petroleum ether fraction. This indicated that reducing compounds present in methanol extract were active and may be present in a high amount.

3.3 Metal chelating activities

The metal chelating activity of extract and fractions was performed in a slightly acidic medium (pH 6.0). The phenolic compounds can bind to Fe^{2+} and the remaining Fe^{2+} could react with ferrozine to form blue-coloured complexes which can be monitored spectrophotometrically at 562 nm. The absorbance of this complex could be reduced by antioxidants such as phenolic compounds, due to its capability to bind to metal (Fe^{2+}). Therefore, any compounds capable of reducing the complex Fe^{2+} -ferrozine could be considered an antioxidant through the mechanism of metal chelating. As a positive control, ethylene diamine tetra-acetic (EDTA) was used, as a consequence, the metal chelating activity of extract and fractions were expressed as mg Na. EDTA/gram sample. Table 3 displays the metal chelating activity of methanol extract and its fractions. The chloroform extract revealed the highest metal activity compared to other fractions and methanol extract. Previous research also reported high metal chelating activity of chloroform fraction of *Nephelium lappaceum* L. peel, however, the highest metal chelating activity was found in the water fraction (Mistriyani et al., 2021).

Table 3. The reducing power of Fe^{3+} into Fe^{2+} by extract and fractions of rambutan rind (calculated as mg equivalent vitamin C/g sample)

Samples	Reducing power (Mean \pm SD, as mg vitamin C equivalent/g sample)	Metal chelating activity (Mean \pm SD, as mg Na EDTA equivalent/g sample)
Methanol extract	14.446 \pm 0.161	250.463 \pm 1.062
Petroleum ether fraction	18.796 \pm 0.161	284.075 \pm 0.0024
Chloroform fraction	34.478 \pm 0.245	332.753 \pm 0.695
Ethyl acetate fraction	47.636 \pm 0.161	200.692 \pm 0.0034

3.4 Phenolics and flavonoid contents

Due to its capability to provide hydrogen radicals, reducing Fe^{3+} and binding metals catalyzing oxidation reactions, phenolic and flavonoids contents were correlated with these antioxidants. Total phenolic contents were determined using Folin-Ciocalteu (F-C) reagent and gallic acid was used as standard, therefore phenolic contents were expressed as mg gallic acid equivalent/gram sample (mg GAE/g). The linear regression describing the relationship between gallic acid (x-axis) and its absorbance after reaction with F-C reagent (y-axis) was expressed as $y = 1.338x - 0.0068$ ($R^2 = 0.998$). In addition, flavonoid contents were determined after being reacted with NaNO_2 , AlCl_3 and NaOH to form a red-coloured complex which can be measured spectrophotometrically at 510 nm. Rutin was used as standard during quantitative analysis of flavonoids, therefore, the flavonoid contents were expressed as mg rutin equivalent/g sample (mg RE/g). The linear regression describing the correlation between rutin (x-axis) and its absorbance (y-axis) was expressed as $y = 0.1438x - 0.0365$ ($R^2 = 0.995$). Table 4 compiled the phenolic and flavonoid contents of methanol extract and its fractions. Methanol extract has the highest phenolic contents accounting for $32.39 \pm 2.37\%$ compared to other methanol fractions, while the highest flavonoid contents were found in ethyl acetate fraction accounting for 78.51 ± 0.579 mg RE/g.

Table 4. The phenolic and flavonoid contents of methanol extract and its fractions of rambutan rind

Samples	Phenolics contents (Mean \pm SD, mg gallic acid equivalent/g)	Flavonoid contents (Mean \pm SD, as mg rutin equivalent/g)
Methanol extract	21.36 \pm 2.25	96.36 \pm 0.894
Petroleum ether fraction	27.11 \pm 1.23	93.06 \pm 0.579
Chloroform fraction	32.32 \pm 0.79	55.05 \pm 3.900
Ethyl acetate fraction	32.39 \pm 2.37	78.51 \pm 0.579

The phenolics and flavonoid contents were then correlated with antiradical activities using DPPH and

Table 5. The correlation between antioxidant activities with phenolics and flavonoid contents of methanol extract and its fraction of rambutan rind

Antioxidant activity tests (y-axis)	Its correlation with phenolics contents (x-axis)		Its correlation with flavonoid contents	
	Equation	R ²	Equation	R ²
DPPH radical scavenging	y = 0.056x + 46.732	0.0269	y = -0.0139x + 49.437	0.0211
ABTS radical scavenging	y = 0.6245x + 5.7764	0.7794	y = -0.3722x + 66.109	0.8916
Ferric reducing activity power	y = 0.3048x + 19.511	0.7813	y = -0.505x + 69.6	0.3899
Metal chelating activity	y = 9.9119x - 13.464	0.8726	y = -0.1712x + 126.46	0.2567

ABTS radicals, ferric reducing activity power, and metal chelating activity. The correlation between antioxidant activities with phenolics and flavonoid contents was expressed as linear regression with certain coefficient determination (R²) values, as compiled in Table 5. The R² value indicated the quantitative contribution of one variable (phenolics and flavonoids) toward antioxidant activities. Based on R² values, phenolic contents contributed toward metal chelating activities compared to other antioxidant activities with an R² value of 0.8726. This value indicated that 87.26% of metal chelating activity came from phenolic contents. In addition, flavonoid contents contributed to ABTS radical scavenging activity with an R² value of 0.8916 which indicated that 89.16% of ABTS radical activity was coming from flavonoid contents.

3.5 Isolation and identification of active compound

The chloroform fraction was then fractionated to sub-fractions to obtain isolates with good antiradical activities. Isolate 1 has been isolated from chloroform fraction and subjected to a purity test using TLC and melting point test. In addition, structure identification was performed using infrared spectroscopy and mass spectrometry. The purity test performed by TLC using three different solvent systems indicated that isolate 1 was TLC pure because only one spot was observed. Melting point analysis showed that isolate 1 had a sharp melting point of 62-64°C. Based on TLC and melting point results, isolate 1 can be considered pure and can be continued to be identified. Identification of isolate 1 using FTIR spectroscopy resulted in IR spectra with several peaks. The peak at 2925 cm⁻¹ corresponded to the stretching vibration of C-H. The peak at 1741 cm⁻¹ originated from the stretching vibration of the carbonyl group of C=O, while the peak at 1458 cm⁻¹ was corresponding to the stretching vibration of C=C (benzene), while peaks at 989cm⁻¹ and 722 cm⁻¹ came from C-H bending vibration. Using mass spectrometry, the molecular ion (M⁺) appeared at m/z of 390 amu with a base peak at m/z 279 amu. The fragment ions appeared at m/z of 279 (M-CHCH₃C₂H₅O(C₂H₅)₂(CH₂)₃OCH₃), 167, 149(M-CH₂CH₃(CH₂)₂C(O)CHCH₃CHCH), 132, 113, 93,83,71,57,43. Based on IR and mass spectra, the compound was tentatively identified as 1,2-benzenedicarboxylic acid, bis(2-ethylhexyl) ester (CAS)

bis(2-ethylhexyl) phthalate (Figure 2). This compound can be found in some plant extracts such as *Podophyllum hexandrum* rhizome, the stem of *Hugonia mystax* L., and endophytic fungi and it has been reported to have strong antioxidant activity (Li et al., 2012; Vimalavady and Kadavul, 2013; Govindappa et al., 2014).

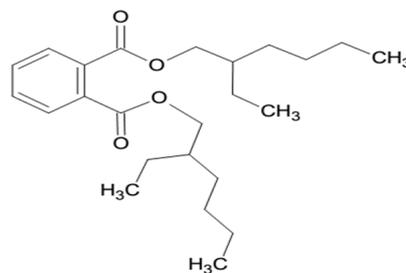


Figure 2. The Chemical Structure of Bis(2-Ethylhexyl) Ester (CAS) Bis (2-Ethylhexyl) Phthalate

4. Conclusion

Nephelium lappaceum L. (rambutan) rind showed good antioxidant activities determined using either DPPH or ABTS method. The chloroform fraction demonstrated IC₅₀ of 49.77±0.22 for DPPH and 45.36±0.27 for ABTS. Moreover, it also demonstrated good reducing power (34.478±0.245 as mg vitamin C equivalent/g sample) and metal chelating capacity (332.753±0.695 as mg Na EDTA equivalent/g sample). The content of phenolic and flavonoid compounds was correlated to the antioxidant and metal chelating activities. Identification from the most active fraction found that the compound of 1,2-benzenedicarboxylic acid is the active compound responsible for antioxidant activities. This result could be further explored the potential use of rambutan rind compound as a food supplement of antioxidant activities.

Conflict of interest

The authors declare no conflict of interest.

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