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Bacteriophages and their applications

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Abstract

Bacteriophages are ubiquitous in our world, mainly in the oceans, soil, the water and food we consume. They can be used efficiently in modern biotechnology, as well as alternatives to antibiotics for many antibiotic resistant bacterial strains. Phages can be used as vehicles for vaccines both DNA and protein, for the detection of pathogenic bacterial strain, as biocontrol agents in agriculture and food industry. This review outlines the properties as well as the influence of different external physical and chemical factors like temperature and acidity on phage persistence. A better understanding of the complex problem of phage sensitivity to external factors may be useful for other researchers working with phages. Furthermore, the applications of bacteriophages were described in this paper as well.

1. Introduction

Bacteriophages or phages are natural enemies of bacteria and hence man friends to fight bacterial infections. In fact, bacteriophages were first discovered dates back to the second decade of the 20th century (Twort, 1915; Goodridge and Abedon, 2003) and their bactericidal activity was first reported by Ernest Hankin in 1896 (Sulakvelidze et al., 2001). Accordingly, phages are ten times more numerous in the environment than 10^{32} estimated bacteria, with an number bacteriophages (Brüssow and Kutter, 2005). Based on their self-replicating and self-limiting, bacteriophages offer a great advantage over antibiotics as the amplification continues at the site of infection as long as the hosts are present. Currently, over 5500 different bacteriophages, having genetic information encoded by

double-stranded DNA, single-stranded DNA, doublestranded RNA and single-stranded RNA, have been discovered (Ackermann, 2007). The most abundant group of lytic bacteriophages belong to tailed dsDNA viruses (Myoviridae, Podoviridae and Siphoviridae), order of Caudovirales (Wittebole et al., 2014). Important commercial bacteriophage preparations available are AgriphageTM, EcoShieldTM, ListShieldTM, ListexTM P100 and SalmonellexTM (Madhusudana Rao and Lalitha, 2015). The outstanding attributes of bacteriophages for treating zoonotic pathogens are their short generation time, non-toxicity, high specificity to the bacterial host, and they do not affect the viability of other flora in the environment (Hudson et al., 2013; Rong et al., 2014; Jamal et al., 2015). Thus, intensive research efforts have been focused on the prevalence of bacteriophages from different sources in order to accelerate or to expand their

applications in various fields. instance. bacteriophages have been isolated from different types of food products, including chicken meat, ground beef, roast turkey breast, ruminant-based foods, cheese, oil, raw skim milk, common carp and marine fish, sardine, clam, mussels, shellfish, shrimp, and vegetables (Sulakvelidze and Barrow, 2005). In light of the increasing interest in bacteriophages, studies were undertaken not only to enumerate and to evaluate their lysis efficacy, but also to enhance our immediate understanding of this virulence bacteriophage. For these purposes, bacteriophages need to be purified and characterized. Upon methodological approaches, bacteriophages can be purified by polyethylene glycol (PEG) precipitation (Han et al., 2014) or cesium chloride (CsCl) gradients centrifugation (Wong et al., 2014), and characterized in terms of morphology, genomic DNA, proteomic and biological measurements of phage-host infections (Yang et al., 2010; Sun et al., 2012; Tiwari et al., 2013). Work on characterization and recent applications were reviewed in this paper.

2. Classification

In 1973, the International Committee on Taxonomy of Viruses (ICTV) was formed to authorize and organize the taxonomic classification of and the nomenclatures of viruses. Importantly, classification is mainly used for the following purposes in order to identify novel bacteriophages, to detect the relationships among bacteriophages, to maintain bacteriophage databases and collections. Besides, it can be used for identification of either bacteriophages with therapeutic and industrial applications, or harmful bacteriophages in biotechnology and fermentation industry for control and eradication purpose (Kutter and Sulakvelidze, 2005).

Bacteriophages are classified into 13 families based on the nature of their encapsidated nucleic acid and their virion morphology (Hanlon, 2007). There are 9 families with dsDNA: Corticoviridae (icosahedra capsid with lipid layer), Fuselloviridae (pleomorphic, envelope, lipids, no capsid), Lipothrixviridae (enveloped filaments, lipids), Myoviridae (contractile tail), Plasmaviridae (pleomorphic, envelope, lipids, no capsid), Podoviridae (short, non-contractile tail), Rudiviridae (helical rods), Siphoviridae (long, non-contractile tail) and Tectiviridae (icosahedral capsid with inner lipoprotein vesicle) (Figure 1). Inoviridae (rod-shaped with helical symmetry) and Microviridae (icosahedral capsid) exhibited in ssDNA. Two families with dsRNA and ssRNA are Cystoviridae (enveloped, icosahedral capsid, lipids) and Leviviridae (quasi-icosahedral capsid), respectively. Ackermann (2007) reported that more than 96% of all bacteriophages are tailed phages, which

belong to the order of the *Caudovirales*. Besides, their properties are extremely varied, such as their dimensions and fine structure, DNA content and composition, nature of constitute proteins, serology, host range, and physiology (Kutter and Sulakvelidze, 2005). The three main families comprising the *Caudovirales* with 60% of the characterized phages are *Siphoviridae*, 25% are *Myoviridae* and 15% are *Podoviridae* (Ackermann and Dubow, 1987; Kutter and Sulakvelidze, 2005; Lopes *et al.*, 2014). However, only 3-4% of the studied phages (polyhedral, filamentous, and pleomorphic) belong to 10 families, where some of which are very small (Ackermann, 2007).

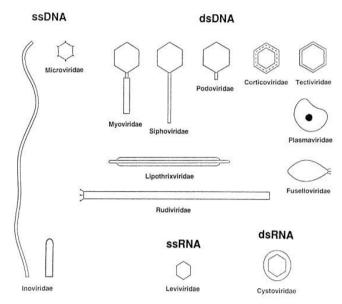


Figure 1. Bacteriophages morphotypes (Source: Ackermann and Dubow, 1987)

3. Life cycles

Since bacteriophages lack an own metabolism, they completely rely on the energy and protein biosynthetic machinery of their bacterial hosts to reproduce. Therefore, bacteriophages infect bacteria and can propagate in two possible ways; lytic life cycle and lysogenic life cycle. It is known that virulent phages go through lytic cycle, where firstly attach to the target host by binding to specific cell wall receptors such as peptidoglycan, lipopolysaccharide, oligosaccharide and teichoic acid (Lenski, 1988; Weinbauer, 2004; Elbreki et al., 2014). This binding specificity might occur at the cell capsule, flagella and/or conjugative pili (Hanlon, 2007). Thereafter, phages will inject its genome into the host bacteria, leaving the viral capsid outside of the cell. Then, the viral DNA is transcribed by host's RNA polymerase, leading to redirect the bacteria's metabolic machinery to produce more phages. Finally, new phages will assemble in abundance, and phage progeny are released upon bacterial cell lysis. According to Kutter

and Sulakvelidze (2005), bacteriophage lytic enzymes (endolysins or lysins) play an important role in breaking down the bacterial cell wall structure (peptidoglycan) during the final stage of the lytic cycle. In addition, some phages with filamentous morphology are capable to escape from the host cell via cell wall extrusion without causing destruction of the host (Hanlon, 2007). In lysogenic cycle, temperate phages insert its nucleic acid (the prophage) in the host genes, where it remains silent extended periods without any metabolic consequences for the host cell (Elbreki et al., 2014). This prophage genome is vertically transmitted along with the whole bacterial chromosome to its progeny until the lytic cycle is induced (Weinbauer, 2004). Previously, Ranquet et al. (2005) have shown that a temperate phage 'Mu' can switch between lysogeny and lytic growth under the influence of high temperature and stationary phase.

Apart from the two life cycles, Ackermann and Dubow (1987) proposed that a unique condition referred as pseudolysogeny (unstable carrier-state), where phage genomes act like a prophage regardless either virulent or temperate phage might occur. Under stressful conditions, phage genomes coexist in an unstable relationship with bacterial cells for extended periods, which mainly resulted from a low energy state affected by several factors like at low temperatures in the bacterium, concentration of nutrients accessible or the presence of antibiotics in the bacterial cell (Ripp and Miller, 1997). Thus, the metabolism of the bacterium is slow and generation times increased. Nonetheless, if unfavorable conditions are removed or the nutrients are provided to the bacterium, the pseudolysogens resolve and enter into either lysogenic cycle or lytic cycle (Ripp and Miller, 1998).

4. Enumeration, concentration and purification of bacteriophages

The main requirement for developing "bacteriophage technology" for practical purpose is the ability to quantitate viable bacteriophages accurately reproducibly. Plaque assays is a simple enumeration procedure, where several dilutions of the phage preparation are gently mixed with a permissive host bacterium in molten agar and dispersed evenly on the surface of the agar medium. After incubation, a clear circular area of lysed cells known as plaque will develop in a confluent lawn of host bacterium on the agar medium (Anderson et al., 2011). Lately, the double agar overlay or soft agar overlay methods of plaque assay are most commonly used approach for determining phage titers. This technique has been used by researchers with (Shin et al., 2011), Campylobacter (Premarathne et al., 2017), Escherichia (Cormier and

Janes, 2014), *Klebsiella* (Kęsik-Szeloch *et al.*, 2013), *Salmonella* (Thung *et al.*, 2017), *Staphylococcus* (Li and Zhang, 2014), *Vibrio* (Peng *et al.*, 2014) and others. Furthermore, phage particles can also be enumerated by other methods such as electron microscopy or fluorescent microscopy (Table 1).

Table 1. Methods for enumeration of bacteriophages

Technique	Method features			
Plaque assay	Good detection limit			
Transmission electron microscopy (TEM)	•	Total counts		
	•	Morphological characterization		
Epifluorescence microscopy	•	Total counts No detection limit for environmental samples Relatively rapid		
	•	High precision		

(Source: Weinbauer, 2004)

The concentration of infectious particles prerequisites for structural and functional characterization of bacteriophages. Methods used to concentrate phages are filter-adsorption-elution, flocculation and ultracentrifugation. Additionally, filtration through 0.2-0.4 µm pore-size filters followed by ultrafiltration was applied to avoid losses of infectivity. For example, Jun et al. (2013) had employed 0.45 um membrane filter followed by centrifugation to increase the titer of bacteriophage pSF-1, which infects Shigella flexneri. Bourdin et al. (2014) reported that phage lysates of T4-like Escherichia coli phages were concentrated by different centrifugation and through 0.22 µm membrane filter without titer loss. In some cases, PEG precipitation is applied in the concentration of phage particles procedure. It was used to prepare high titers of Salmonella-specific phages by Bao et al. (2011), Wong et al. (2014), Bao et al. (2015) and other researchers.

Considering the distinct variability characteristic of bacteriophages such as size, density, nucleic acid content and resistance mechanical stressors (Thurber et al., 2009), the choice of purification methods are known to influence the degree of specific phages purity. Centrifugation in CsCl gradients is ideal for purifying large amounts of phage, where the contaminant like bacterial lipopolysaccharide (i.e. endotoxin) can be removed from the phage preparations, resulting highly purified yields (Carlson, 2005). Kleiner et al. (2015) had used CsCl density gradient centrifugation for virus-like particles (VLP) purification and illustrated significance of phage density among the samples. Previously, CsCl density gradient ultracentrifugation was widely used in bacteriophage purification such as Acinetobacter baumannii phage ΦAB2 (Lin et al., 2010), Bacillus cereus phage JBP901 (Shin et al., 2011), Salmonella enterica serovar Typhimurium phage Φ st1 (Wong et al., 2014) and Staphylococcus aureus phage SPW (Li and Zhang, 2014).

5. Properties of bacteriophages

Bacteriophages are differentiated on the bases of their morphology. Thus, electron microscopy is often the easiest and fastest way for phage identification, as well as to assign an unknown phage to a family (Ackermann, 2007). Akhtar et al. (2014) had employed TEM to characterize a collection of Salmonella enterica lytic bacteriophages isolated from animal feces and sewage samples. The phages in the collection were mostly Siphoviridae and Myoviridae. Meanwhile, Pope et al. used cryo-electron microscopy (2007) had characterize a purified cyanophage Syn5 which hostspecific to Synechococcus WH8109 strain. They reported that the capsid has a single 'horn', a novel fibrous structure protruding from the opposing end of the capsid from the tail of the virion.

On the other hand, phage structural proteins are most commonly analyzed by sodium dodecyl sulfatepolyacrylamide gel electrophoresis (SDS-PAGE). This is partly because one can describe the bands not just in terms of their relative mobility to each other, but also in terms of their molecular size. For the identification of Salmonella Enteritidis phage PVP-SE1 structural proteins, twenty-one protein bands with molecular masses ranging from 14,000 Da to 94,000 Da were estimated by SDS-PAGE (Santos et al., 2011). A CsClpurified bacteriophage vB SenS-Ent1, host-specific to Salmonella Enteritidis was isolated from swine effluent, which consisted of nine polypeptide chains with molecular weight between 9,000 Da and 90,000 Da (Turner et al., 2012). In another study, two structural proteins of a novel Vibrio bacteriophage SIO-2, designated as the major capsid protein and the tape measure protein were estimated to be 29,000 Da and 137,000 Da by SDS-PAGE, respectively (Baudoux et al., 2012). Besides, Han et al. (2013) have found that a Myoviridae phage SAH-1 possessed several structural proteins; mainly the major capsid and tail sheath proteins were predicted at 60,000 Da and 78,000 Da by SDS-PAGE, respectively.

It is well known that bacteriophages are strictly host-specific, which infects only one bacterial species or one serotype within a species (Ackermann *et al.*, 1978; Bielke *et al.*, 2007; Koskella and Meaden, 2013). However, not all bacteriophages are host-specific. Particularly, wide host range bacteriophages would be expected to be advantaged relative to phages with narrow

host range, since a wide host range allows a phage to utilize one prey species when another is not available, or even utilize several simultaneously. For instance, phage SEA2 (Akhtar et al., 2014), phage Bc431v3 (El-Arabi et al., 2013) and phage JG004 (Garbe et al., 2011) were reported as broad host range bacteriophage against Salmonella enterica serovars, Bacillus species and Pseudomonas aeruginosa mutant strains, respectively. Turki et al. (2012) had isolated two bacteriophages, Salmonella Zanzibar phage sww275 and Salmonella Anatum phage sww65, which lytic on more than ten Salmonella strains, and were able to infect Escherichia coli and Citrobacter isolates. Interestingly, four Escherichia coli bacteriophages isolated from Lake Michigan showed lysis against Arthrobacter, Chryseobacterium, Microbacterium and Pseudomonas aeruginosa, exhibiting a width of host range capacity (Malki et al., 2015).

Upon infecting its host bacteria, most of the virulent phages act optimally at different ratio of multiplicity of infection (MOI). For example, the optimal MOI of a virulent bacteriophage KSL-1 specific for Pseudomonas fluorescens was determined to be 0.001 (Sun et al., 2012). Li and Zhang (2014) had isolated a lytic Staphylococcus aureus bacteriophage SPW from wastewater of cleaning dairy cattle udders with the optimal MOI of 0.01. On the contrary, a lower MOI ratio of 0.0001 was reported for bacteriophage AB1 of Acinetobacter baumannii (Yang et al., 2010). Recently, higher ratio of 0.1 was considered as the optimal MOI for Escherichia phage CICC 80001 (Xu et al., 2016) and Salmonella Typhimurium phage Φst1 (Wong et al., 2014). Meanwhile, the proliferation rate bacteriophages always depends on their latent period and burst size along with the number of infected cells. Abedon and Culler (2007) showed that an optimal latent period would improve phage fitness and an increase in burst size might affect the plaque sizes. It has also been demonstrated that latent period and burst size are influenced by the host, the medium compositions, the incubation temperature and the specific growth rate (Carey-Smith et al., 2006). Studies on the proliferation of bacteriophages have been reported in different latent periods and burst sizes (Table 2).

Most of the phages generally appear to be active over a broad pH range, from acidic to alkaline. Zhang *et al.* (2015) have reported a lytic phage of *Lactobacillus casei* isolated from Chinese sauerkraut was stable between pH 4.0 and 11.0. A novel cold-active bacteriophage VNPH-1 specific for *Aeromonas sobria* was comparatively stable at pH 5.0 to 10.0 and the optimum phage infectivity occurred at pH 9.0 (Ji *et al.*, 2015). Similarly, *Salmonella*-infecting bacteriophages

include phage PA13076 (Bao *et al.*, 2015), phage SE2 (Tiwari *et al.*, 2013), phage PSPu-95 and phage PSPu-4-116 (Bao *et al.*, 2011), were relatively stable within the pH range of 4.0 to 10.0. However, recent studies by Hu *et al.* (2016) on thirteen lytic distinct *Pseudomonas* bacteriophages reported that all phages were active over a very narrow pH range, from 6.0 to 7.0.

Table 2. Latent period and burst size of bacteriophages

Phage	Latent period (min)	Burst size (PFU/ cell)	Reference	
SE2	10	155	Tiwari et al. (2013)	
CICC 80001	10	198	Xu et al. (2016)	
φPA-HF17	10	200	Han et al. (2014)	
AB1	18	409	Yang et al. (2010)	
PSPu-4-116	20	86	Bao et al. (2011)	
SAH-1	20	100	Han et al. (2013)	
MJ1	21	300	Jamal et al. (2015)	
JBP901	27	100	Shin et al. (2011)	
JG004	31	13	Garbe et al. (2011)	
$\Phi st1$	40	22	Wong et al. (2014)	
FGCSSa1	50	139	Carey-Smith <i>et al.</i> (2006)	
Lcb	75	16	Zhang et al. (2015)	
Bc431v3	80	318	El-Arabi et al. (2013)	
KSL-1	90	52	Sun et al. (2012)	
Ф22	110	55	Pringsulaka <i>et al.</i> (2011)	

Reports showed that the viability of bacteriophages is greatly affected by temperature (Yang et al., 2010; Baudoux et al., 2012; Kęsik-Szeloch et al., 2013; Wong et al., 2014), which specifically influencing in their attachment, penetration, multiplication, and the length of the latent period (Jończyk et al., 2011). Most bacteriophages act optimally at temperatures between 30 -50°C (Bao et al., 2015; Ji et al., 2015; Zhang et al., 2015). Bacteriophages were also found to be active over the temperature range of 4-50°C (Jun et al., 2013) and 4-60°C (Easwaran et al., 2015) for Shigella flexneri phage pSf-1 and Escherichia coli phage Sw1, respectively. Significant inactivates of phages were observed at 70°C for Siphoviridae (Lee et al., 2013), Myoviridae (Jamal et al., 2015) and Podoviridae (Augustine et al., 2013). On the contrary, Escherichia coli O157:H7 phage BECP2 (Lee and Park, 2015), Pseudomonas aeruginosa phage φPA-HF17 (Han et al., 2014), and Weissella cibaria phage Φ22 (Pringsulaka et al., 2011) showed heat resistance at 70°C.

6. Application of bacteriophages

Nowadays, bacteriophages have contributed a lot to the field of molecular biology and biotechnology, and numerous applications have already been developed. The wide applications of phages in agriculture, clinical use, diagnosis of the disease, veterinary bio-control and also food safety have been studied extensively (Heringa *et al.*, 2010; Larbanoix *et al.*, 2011; Bardina *et al.*, 2012; Jaiswal *et al.*, 2013; Zinno *et al.*, 2014; Liu *et al.*, 2015; Lone *et al.*, 2016).

6.1 Therapeutic agents

Bacteriophages have been extensively used to combat various bacterial infections after their discovery in the early 20th century. For example, d'Herelle had employed bacteriophages as therapeutic agents in 1929 (Madhusudana Rao and Lalitha, 2015). Although the use of bacteriophages as therapeutic agents subsequently declined in the West, however, the emerging of various antibiotic-resistant bacteria have prompted the Western world to revive the interest of phage therapy in recent times (Jaiswal et al., 2013). In addition, phage therapy has been used in animals, plants, and humans with different degree of success (Haq et al., 2012). Several potential beneficial effects of phage therapy are: (i) narrow antibacterial spectrum allowing preservation of the existing microbiome, (ii) activity against both Gram-Gram-negative bacteria, positive and (iii) importance of side effects, (iv) extensive distribution upon systemic administration, (v) possible effect on the inflammatory response, (vi) improved efficacy as compared with antibiotics, and (vii) cost-effectiveness (Wittebole et al., 2014).

6.2 Detection of bacterial pathogens

The specificity of the interaction of a phage with its host cell immediately lends itself to methods for the identification of bacteria, in particular, the pathogens. One of the first uses of phage was in typing schemes, where a panel of phages with different lytic spectra is used to discriminate between different isolates of a bacterial species or genus, according to their ability to infect the isolate and form plaques. There are several methods can be used for pathogenic bacteria detection. For example, the use of bacteriophages which able to deliver reporter genes (e.g., luxAB) (Thouand et al., 2008) or using green fluorescent protein (Piuri et al., 2009) that would express after infection of bacteria. Besides, bacteriophages covalently attached with a fluorescent dye to their coats can be employed for the detection of specific adsorption (Goodridge et al., 1999). In certain cases, detection of other released components, which include adenosine triphosphate (ATP), adenylate kinase (AK) and β -D-galactosidase after the specific lysis

Table 3. Bacteriophages used for bio-control in various foods

Target species	Treated food	Bacteriophage	Reference
Bacillus cereus	Fermented food	JBP901	Shin et al. (2011)
Campylobacter jejuni	Raw and cooked beef meat	Cj6	Bigwood et al. (2008)
Escherichia coli O157:H7	Beef meat Turkey breast and raw beef meat	FAHEc1 EcoM-AG10	Hudson <i>et al.</i> (2013) Anany <i>et al.</i> (2011)
Listeria monocytogenes	Turkey breast and raw beef meat RTE foods	LmoM-AG13 and LmoM-AG20 A511 and P100	Anany <i>et al.</i> (2011) Guenther <i>et al.</i> (2009)
Salmonella enterica	Chicken breast, cabbage and milk RTE foods	PA13076 and PC2184 FO1-E2	Bao et al. (2015) Guenther et al. (2012)
Staphylococcus aureus	Fresh and hard-type cheese	phi-IPLA35 and phi-IPLA88	Bueno et al. (2012)
Vibrio parahaemolyticus	Oysters	VPp1	Rong et al. (2014)

of bacteria can also be used (Guzmán Luna et al., 2009; Lee et al., 2011; Chen et al., 2015).

On the other hand, bacteriophage amplification assays attributed an attractive alternative method to detect pathogenic bacteria, which retained the inherent biological specificity of the phage for its target but utilized an assay end-point that was not dependent upon a genetically modified virion (Stewart et al., 1998; Schmelcher and Loessner, 2014). This technique has the advantage of detecting only viable cells. Therefore, it has most extensively been used for the detection of Escherichia coli, Campylobacter, Listeria, Mycobacterium tuberculosis, Pseudomonas, and Salmonella (Stewart et al., 1998; Pai et al., 2005; Oliveira et al., 2012).

6.3 As bio-control agents in food industry

Food-borne illnesses of microbial origin are serious food safety problems worldwide. With the current concern over the emerging of antibiotic-resistant foodborne pathogens resulted from the abuse and misuse of antibiotics, bacteriophage-based bio-control may serve as an alternative antimicrobial, which represents an economically viable field in the food industry (Henry and Debarbieux, 2012; Tan *et al.*, 2014). Many studies reported success in decreasing the bacterial load (for *Campylobacter*, *Listeria*, *Salmonella*, and others) in a variety of foods (Table 3).

Several systems have already been approved by authorities with the "generally recognized as safe" (GRAS) status for use on food products such as ListShieldTM (Intralytix) or LISTEXTM (Micros) for the control of *Listeria monocytogenes* (both FDA- and USDA-approved), EcoShieldTM (FDA-cleared) targeting *Escherichia coli* O157:H7 and SALMONELEXTM against *Salmonella* (Henry and Debarbieux, 2012). Importantly, the efficacy of bacteriophages in food depends on the structure and chemical composition of the different food items, as well as sufficient diffusion ability of the phage particles, is necessary (Guenther *et al.*, 2009). Furthermore, phage effectiveness is also

influenced by pH and activity on a solid substrate or biofilm, the emergence of resistant bacteria mutants, and the relative numbers of phages and host required to allow replication (Hudson *et al.*, 2005; Oliveira *et al.*, 2015).

The use of immobilized phage as packaging material to maintain the safety of fresh produce is a novel concept that could allow the controlled release of bacteriophage particles into the food and reduce bacteriophage waste during food treatment using spraying (Lone et al., 2016). Currently, bacteriophage cocktails were introduced into prototypes of packaging materials using different techniques: i) immobilizing on positively charged modified cellulose membranes, ii) impregnating paper with bacteriophage suspension, and iii) encapsulating in alginate beads followed by application of beads onto the paper, in order to enhance the safety of fresh produce and RTE meat (Lone et al., 2016). Interventions using bacteriophages can be performed at different or even multiple points in the food processing facility or throughout the food chain to enhance the control process. It has been suggested that Salmonella bacteriophages can be added by dipping or spraying or as a liquid to different food matrices (Spricigo et al., 2013; Zinno et al., 2014; Bao et al., 2015; Sukumaran et al., 2015).

Conflict of Interest

The authors declare no conflict of interest.

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